



DAVID A. PATERSON  
GOVERNOR

STATE OF NEW YORK  
DEPARTMENT OF CIVIL SERVICE  
ALFRED E. SMITH STATE OFFICE BUILDING  
ALBANY, NEW YORK 12239  
[www.cs.state.ny.us](http://www.cs.state.ny.us)

NANCY G. GROENWEGEN  
COMMISSIONER

**NY10-03**  
**PE10-03**  
**PA10-05**

### MEMORANDUM

**TO:** New York State Health Benefits Administrators;  
Participating Employer Health Benefits Administrators;  
Participating Agency Health Benefits Administrators  
**FROM:** Employee Benefits Division  
**SUBJECT:** New *Reporting On Asthma*  
**DATE:** April 30, 2010

We are happy to announce that the April 2010 *Reporting On Asthma* is at the printer and will be shipped to agencies soon. This newly revised publication replaces the May 2007 version. Please recycle any copies of the old version you may have on your shelves.

This publication discusses the causes and symptoms of asthma, how to avoid asthma triggers, types of asthma drugs, smoking cessation benefits and it also describes The Empire Plan's Asthma Management Program.

You will notice a complete redesign of this publication, as well as for the entire *Reporting On* series. We hope that you find *Reporting on Asthma* and the other *Reporting Ons* that follow to be helpful in meeting the needs of your enrollees.

#### **Distribution**

We will not be mailing this publication to enrollee homes. We will send you a supply equal to 1 percent of your enrollment for use at health fairs, distribution to new hires and retirees and general use.

#### **Publications Available on Our Web Site: <https://www.cs.state.ny.us>**

Please check the web site for new publications. We generally post publications when we sign off for printing. This publication will be available on HBA Online under Publications & Forms and on NYSHIP Online. Click on Using Your Benefits and then Publications.

#### **Ordering Publications**

You may order additional copies of this publication [AL0953 RO Asthma/April 2010] on HBA Online under Publications & Forms. If you need help accessing HBA Online, please call the Help Desk or your processor. **Please wait until you receive your shipments of the new publications before you place an order.**

If you are unsure of how to order publications or have questions about this distribution, please call the Communications Unit at 518-457-7577.