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TO: Health Benefits Administrators of New York State, Participating Employers,
Participating Agencies with The Empire Plan or Excelsior Plan, and
Graduate Student Employee Health Plan
FROM: Employee Benefits Division
SUBJECT: *Reporting On Asthma*, February 2014
DATE: February 28, 2014

We are pleased to announce that an updated version of *Reporting On Asthma* is at the printer and will be shipped to agencies soon. This publication discusses causes and symptoms of asthmas, how to avoid asthma triggers, The Empire Plan's Asthma Management Program, types of asthma drugs and smoking cessation benefits. Please recycle any copies you have of the October 2012 version (AL1175).

Distribution

We will send a supply of five copies of *Reporting On Asthma* to each agency. We are not mailing this publication to enrollees at this time.

Publications Available on Our Web Site: <https://www.cs.ny.gov>

Please check our web site for new publications. We generally post publications when we sign off for printing. Go to the Department of Civil Service web site at <https://www.cs.ny.gov> and choose Benefit Programs, then NYSHIP Online and select your group and The Empire Plan, if prompted. Publications are available under Using Your Benefits.

Ordering Publications

You may order additional copies of this publication [AL1269, RO Asthma /February 2014] from HBA Online under Publications & Forms. Please wait until you receive your shipment of the new publications before you place an order.

If you need help accessing HBA Online, please call the GCS Service Desk at 1-800-HBAEMS1. Call the EBD HBA Help Line at 518-474-2780 with questions regarding benefits. If you are unsure of how to order publications or have questions about this distribution, please call the EBD Communications Unit at 518-457-7577.

