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**TO:** Health Benefits Administrators of New York State, Participating Employers,  
Participating Agencies with The Empire Plan or Excelsior Plan, and  
Graduate Student Employee Health Plan  
**FROM:** Employee Benefits Division  
**SUBJECT:** *Reporting On Smoking Cessation*, February 2014  
**DATE:** February 28, 2014

We are pleased to announce that an updated version of *Reporting On Smoking Cessation* is at the printer and will be shipped to agencies soon. This publication explains the health risks of smoking, tips on how to quit and information on the smoking cessation treatments covered by The Empire Plan. Please recycle any copies you have of the December 2012 version (AL1189).

#### **Distribution**

We will send a supply of five copies of *Reporting On Smoking Cessation* to each agency. We are not mailing this publication to enrollees at this time.

#### **Publications Available on Our Web Site: <https://www.cs.ny.gov>**

Please check our web site for new publications. We generally post publications when we sign off for printing. Go to the Department of Civil Service web site at <https://www.cs.ny.gov> and choose Benefit Programs, then NYSHIP Online and select your group and The Empire Plan, if prompted. Publications are available under Using Your Benefits.

#### **Ordering Publications**

You may order additional copies of this publication [AL1274, RO Smoking Cessation/February 2014] from HBA Online under Publications & Forms. Please wait until you receive your shipment of the new publications before you place an order.

If you need help accessing HBA Online, please call the GCS Service Desk at 1-800-HBAEMS1. Call the EBD HBA Help Line at 518-474-2780 with questions regarding benefits. If you are unsure of how to order publications or have questions about this distribution, please call the EBD Communications Unit at 518-457-7577.

