

# Arriving This Fall

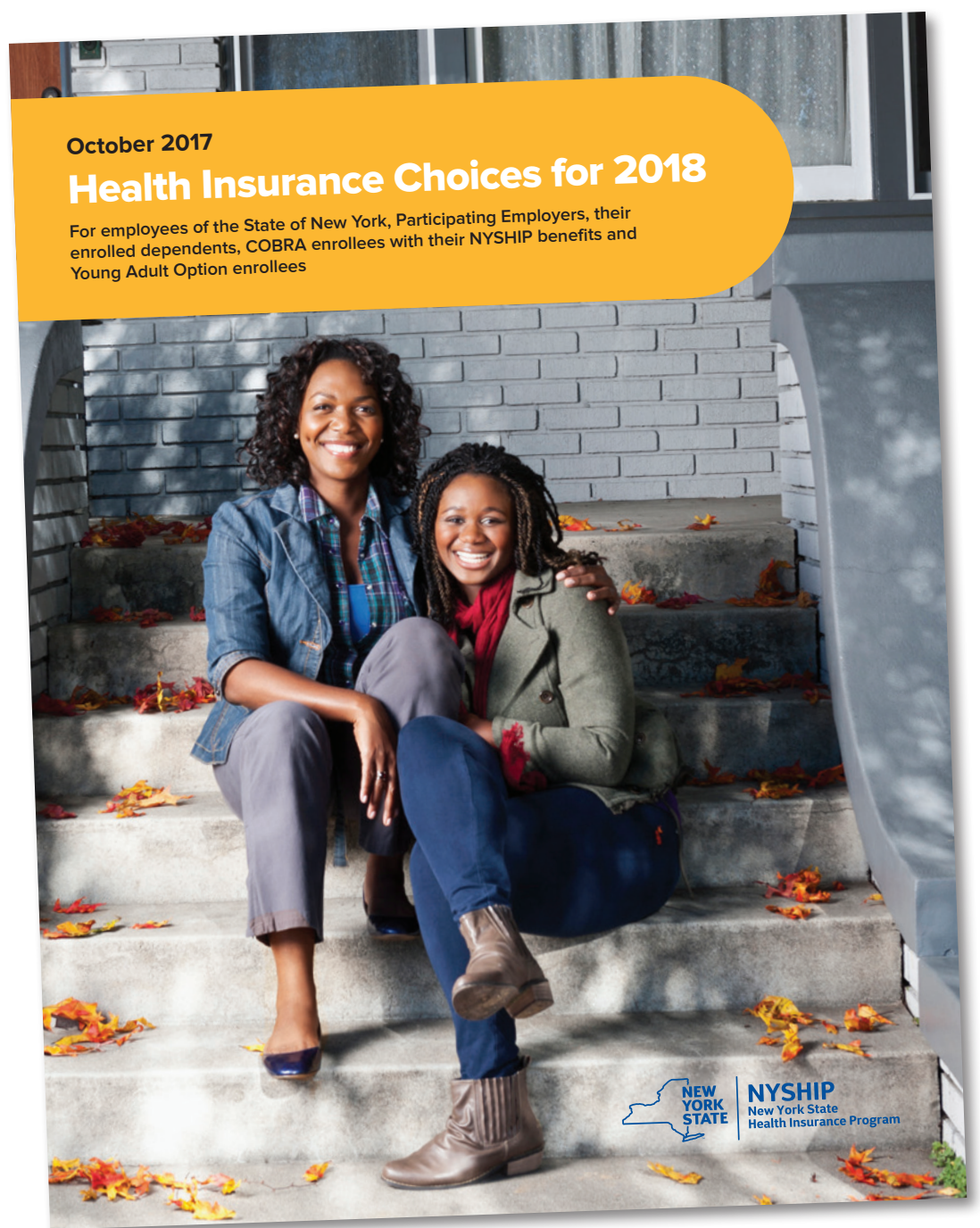
## Watch Your Mailbox

Option transfer information and deadlines will be mailed to you. Health insurance premium rates for 2018 should be available from your Health Benefits Administrator in November or December.

## For Employees of Participating Employers

Look for 2018 NYSHIP health insurance information, including The Empire Plan and NYSHIP HMO benefit details, on the New York State Department of Civil Service Employee Benefits Division website at [www.cs.ny.gov/employee-benefits](http://www.cs.ny.gov/employee-benefits).

*Health Insurance Choices for 2018* explains the Option Transfer Period and the benefit plans available under NYSHIP for the upcoming year. See your Health Benefits Administrator for *Choices* or visit the Department of Civil Service website.



**NYSHIP**  
New York State  
Health Insurance Program

New York State Department of Civil Service, Employee Benefits Division, Albany, NY 12239

[www.cs.ny.gov/employee-benefits](http://www.cs.ny.gov/employee-benefits)