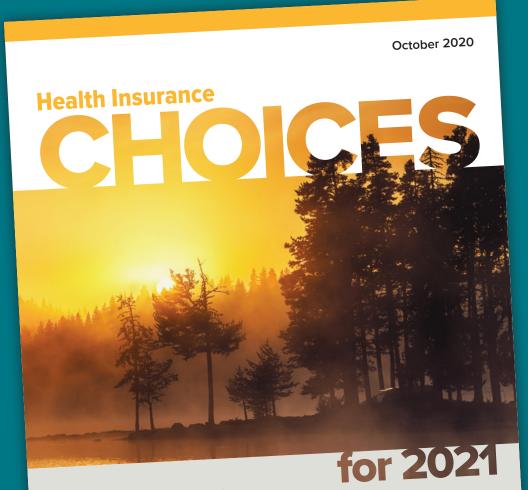
ARRIVING THIS FALL



For employees of the State of New York, Participating Employers, their enrolled dependents, COBRA enrollees with their NYSHIP benefits and Young Adult Option enrollees



New York State Department of Civil Service, Employee Benefits Division, Albany, New York 12239 w.cs.ny.gov/employee-b

Watch Your Mailbox:

Option transfer information and deadlines will be mailed to you.

Health insurance premium rates for 2021 should be available from your Health Benefits Administrator in November or December.

For Employees of Participating Employers:

Look for 2021 NYSHIP health insurance information, including Empire Plan and NYSHIP HMO benefit details, on NYSHIP Online at www.cs.ny.gov/employee-benefits.

Health Insurance Choices for 2021 explains the Option Transfer Period and the benefit plans and programs available under NYSHIP for the upcoming year. Ask your Health Benefits Administrator for a copy of the Choices booklet, or view it on NYSHIP Online.



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