



WATCH YOUR MAILBOX:

2025 option transfer information, deadlines and health insurance premium rates will be arriving soon.

This information will also be posted on the NYSHIP website at www.cs.ny.gov/employee-benefits.

Health Insurance Choices for 2025 explains the Option Transfer Period and the benefit plans and programs available under NYSHIP for the upcoming year, including the Opt-out Program* and the Pre-Tax Contribution Program.

Ask your Health Benefits Administrator for a copy of the Choices booklet, or view it on the NYSHIP website.

IMPORTANT DATES & INFORMATION:

November 1 – December 9, 2024 **Productivity Enhancement Program (PEP)***

For eligible New York State employees who are Management/Confidential or represented by Council 82, CSEA, DC-37, NYSCOPBA, PBANYS, PEF or UUP; Legislature and Unified Court System (UCS)

November 1 – December 9, 2024 Flex Spending Account (FSA)

For eligible employees of the State of New York Executive Branch who are Management/Confidential or represented by Council 82, CSEA, DC-37, NYSCOPBA, PBA, PBANYS, PEF, PIA or UUP; Legislature and UCS

Reminders: The Pre-Tax Contribution Program Election Period and the Option Transfer Period now run concurrently. Check the NYSHIP Rates & Deadlines for 2025 flyer for dates.

* Ask your Health Benefits Administrator if you are eligible for this program.