

# NYSHIP HEALTH MAINTENANCE ORGANIZATIONS

NEW YORK STATE HEALTH INSURANCE PROGRAM (NYSHIP)  
FOR NEW YORK STATE EMPLOYEES; THE LEGISLATURE;  
UNIFIED COURT SYSTEM; EMPLOYEES OF PARTICIPATING EMPLOYERS  
And for their enrolled Dependents  
And for COBRA Enrollees with their NYSHIP Benefits

# Report

December 2001

## Annual Notice of Mastectomy and Reconstructive Surgery Benefits

By law, insurers must:

- Cover inpatient hospital care for lymph node dissection, lumpectomy and mastectomy for treatment of breast cancer for as long as the physician and patient determine hospitalization is medically necessary
- Cover breast reconstruction following mastectomy, including surgery of the other breast to produce a symmetrical appearance
- Cover treatment for complications of mastectomy, including lymphedema
- Cover prostheses related to breast reconstruction
- Notify enrollees annually of this coverage through plan documents

Contact your HMO if you have questions about these benefits.

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## New York State Health Insurance Program (NYSHIP) Reminders

### New Baby in the Family

If you have Family coverage, remember to add your newborn child within 30 days after the birth or adoption. If you don't, you may have difficulties receiving services.

Contact your agency Health Benefits Administrator within 30 days to fill out the forms and to provide a copy of the birth certificate. If you haven't yet received a Social Security number for your baby, be sure to give your agency Health Benefits Administrator a copy of the child's Social Security card as soon as you receive it.

Please see your *NYSHIP General Information Book* for information about and time frames for changing from Individual to Family coverage because of a new baby in your family.

### Medicare General Enrollment

Medicare is primary for an active State employee/dependent with end stage renal disease (waiting period applies) and for an active State employee's domestic partner who is age 65 or over.

Medicare is also primary for an active State employee, age 65 or over, who is enrolled in NYSHIP as the dependent of a retired spouse.

If you or your dependent is eligible for primary Medicare coverage and

did not enroll in Medicare when first eligible, you must sign up during the Medicare general enrollment period, January 1 to March 31, 2002. Contact Social Security at 1-800-772-1213 to enroll. NYSHIP requires you and your covered dependents to be enrolled in Medicare Parts A and B when first eligible for Medicare coverage that pays primary to NYSHIP.



### Pre-Retirement Seminars

The Department of Civil Service cooperates with the Employees' Retirement System and the Office for the Aging in presenting pre-retirement seminars. A representative from the Employee Benefits Division will explain the New York State Health Insurance Program (NYSHIP) and your choices before you leave the payroll. Call your personnel office for the seminar schedule and to reserve your place.

You can also check the schedule on the New York State Department of Civil Service Web site, <http://www.cs.state.ny.us>. Click on Employee Benefits, then on Happenings.

State of New York  
 Department of Civil Service  
 Employee Benefits Division  
 The State Campus  
 Albany, New York 12239  
<http://www.cs.state.ny.us>

Save this document  
 NYSHIP Information  
 for the Enrollee, Enrolled Spouse/Domestic Partner  
 and Other Enrolled Dependents

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It is the policy of the State of New York Department of Civil Service to provide reasonable accommodation to ensure effective communication of information in benefits publications to individuals with disabilities. These publications are also available on the Employee Benefits Division Web site (<http://www.cs.state.ny.us>), which meets universal accessibility standards adopted by New York State for NYS Agency Web sites. If you need an auxiliary aid or service to make benefits information available to you, please contact your agency Health Benefits Administrator. COBRA Enrollees: Contact the Employee Benefits Division at 518-457-5754 (Albany area) or 1-800-833-4344 (U.S., Canada, Puerto Rico, Virgin Islands).

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## NYSHIP Health Maintenance Organizations Telephone Numbers Effective January 1, 2002

Aetna U.S. Healthcare.....	1-800-323-9930
Blue Choice.....	(716) 454-4810 or 1-800-462-0108
Capital District Physicians' Health Plan, Inc. (CDPHP) .....	1-800-777-2273
Community Blue .....	(716) 884-2800 or 1-800-544-2583
Empire HMO (formerly BlueChoice HMO) .....	1-800-453-0113
GHI HMO Select.....	1-877-244-4466
HIP Health Plan of New York.....	1-800-HIP-TALK (1-800-447-8255)
HMOBlue .....	1-800-722-7884
HMO-CNY.....	1-800-447-6269
Independent Health-Western New York .....	(716) 631-8701 or 1-800-501-3439
MVP Health Care .....	1-888-687-6277
Preferred Care.....	(716) 325-3113 or 1-800-950-3224
Univera (formerly Univera Healthcare) .....	1-800-337-3338
Vytra Health Plans.....	1-631-694-6565

*The NYSHIP Health Maintenance Organizations Report is published by the Employee Benefits Division of the State of New York Department of Civil Service. The Employee Benefits Division administers the New York State Health Insurance Program (NYSHIP). NYSHIP provides your health insurance benefits through a NYSHIP-approved Health Maintenance Organization.*



New York State Health Insurance Program

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 Department of Civil Service  
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Call your NYSHIP HMO for:

- benefits information
- lists of providers
- replacement cards
- prescription drug information (unless you receive prescription drug coverage through a union Employee Benefit Fund)
- converting to a direct-pay contract
- coordinating with Medicare