

NYSHIP

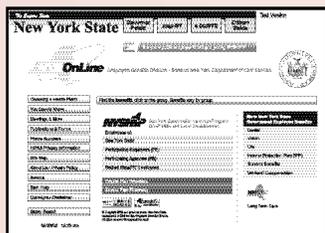
HEALTH MAINTENANCE ORGANIZATIONS
REPORT

JUNE 2003

NEW YORK STATE HEALTH INSURANCE PROGRAM (NYSHIP)
FOR EMPLOYEES OF THE STATE OF NEW YORK
REPRESENTED BY PEF

And for their enrolled Dependents
and for COBRA Enrollees with their NYSHIP Benefits

The New NYS OnLine



Have you visited NYS OnLine lately? Check out our newly designed health benefits section of the New York State Department of Civil Service Web site at www.cs.state.ny.us. Click on Employee Benefits and find up-to-date information about your NYSHIP benefits.

The new NYS OnLine features faster page response and a site-wide search function. The site also offers recent publications and important telephone numbers.

If you don't have computer access to the Internet, visit your local library. Most libraries have computers linked to the Internet.

Reminders

Pre-Retirement Seminars

The Department of Civil Service cooperates with the Office for the Aging in presenting pre-retirement seminars. A representative from the Employee Benefits Division will explain the New York State Health Insurance Program (NYSHIP) and your choices before you leave the payroll. Call your personnel office to learn if there's a seminar available in your area.

You can also check the schedule on the New York State Department of Civil Service Web site, www.cs.state.ny.us. Click on Employee Benefits, then on Meetings & More.

When You Write to Us

Be sure to put your return address in your letter (not just on the envelope) whenever you write to us at the Employee Benefits Division.

Please also include your name and health insurance identification number in your letter. Without this information, our response to you may be delayed.

Annual Notice of Mastectomy and Reconstructive Surgery Benefits

By law, insurers must:

- Cover inpatient hospital care for lymph node dissection, lumpectomy and mastectomy for treatment of breast cancer for as long as the physician and patient determine hospitalization is medically necessary
- Cover breast reconstruction following mastectomy, including surgery of the other breast to produce a symmetrical appearance
- Cover treatment for complications of mastectomy, including lymphedemas
- Cover prostheses related to breast reconstruction
- Notify enrollees of this coverage through plan documents

Contact your HMO if you have questions about these benefits.

Access to Obstetric and Gynecologic Services

In accordance with the Women's Health and Wellness Act, effective January 1, 2003, insurers must:

- Provide direct access to primary and preventive obstetric and gynecologic services for no fewer than two examinations annually
- Cover services required as a result of annual examinations

- Cover services required as a result of an acute gynecologic condition
- Cover all care related to pregnancy
- Notify enrollees of this coverage through plan documents

Contact your HMO if you have questions about these benefits.

SAVE THIS REPORT

In This Report

- 1 NYS OnLine; Reminders; Obstetric and Gynecologic Services
- 2 HIPAA

State of New York
Department of Civil Service
Employee Benefits Division
The State Campus
Albany, New York 12239
www.cs.state.ny.us

SAVE THIS DOCUMENT



NYSHIP information for the Enrollee, Enrolled Spouse/
Domestic Partner and Other Enrolled Dependents

PRSR STD
U.S. Postage Paid
Utica NY
Permit No. 320

ADDRESS SERVICE
REQUESTED

PEF HMO Report – June 2003

It is the policy of the State of New York Department of Civil Service to provide reasonable accommodation to ensure effective communication of information in benefits publications to individuals with disabilities. These publications are also available on the Employee Benefits Division Web site (www.cs.state.ny.us), which meets universal accessibility standards adopted by New York State for NYS Agency Web sites. If you need an auxiliary aid or service to make benefits information available to you, please contact your agency Health Benefits Administrator. COBRA Enrollees: Contact the Employee Benefits Division at 518-457-5754 (Albany area) or 1-800-833-4344 (U.S., Canada, Puerto Rico, Virgin Islands).

This *NYSHIP HMO Report* was printed using recycled paper and environmentally sensitive inks.

HMO-PEF-03-1

HIPAA Notice

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) is a federal law designed to improve the nation's health care system. HIPAA includes national standards to protect the privacy of personal health information. The HIPAA privacy regulation, "Standards for Privacy of Individually Identifiable Health Information," became effective April 14, 2003. The NYSHIP Privacy

Notice is available on the New York State Department of Civil Service Web site at www.cs.state.ny.us. Click on Employee Benefits and then on Publications & Forms. Or call the Employee Benefits Division at 518-457-5754 (Albany area) or 1-800-833-4344 (U.S., Canada, Puerto Rico, Virgin Islands) and use the automated system to order a copy.

The NYSHIP Health Maintenance Organizations Report is published by the Employee Benefits Division of the State of New York Department of Civil Service. The Employee Benefits Division administers the New York State Health Insurance Program (NYSHIP). NYSHIP provides your health insurance benefits through a NYSHIP-approved Health Maintenance Organization.



State of New York
Department of Civil Service
Employee Benefits Division
The State Campus, Albany, New York 12239
518-457-5754 (Albany area)
1-800-833-4344
(U.S., Canada, Puerto Rico, Virgin Islands)
www.cs.state.ny.us