



## HEALTH INSURANCE CHOICES FOR 2013

### **For Unsettled Groups**

For Employees of the State of New York who are in Negotiating Units that do not have agreements/awards with New York State effective October 1, 2011 or later, their Enrolled Dependents, and for COBRA and Young Adult Option Enrollees with their NYSHIP Benefits. (Check with your agency Health Benefits Administrator or union if you are uncertain.)

NOVEMBER 2012



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## Make Your Health Plan Choices

This booklet explains the options available to you under the New York State Health Insurance Program (NYSHIP) for your health insurance and other elections. Choose either The Empire Plan or one of the NYSHIP-approved Health Maintenance Organizations (HMOs) in your area. Consider your health insurance options carefully. You may not change your health insurance option after the deadline except in special circumstances. (See your *NYSHIP General Information Book* and *Empire Plan Reports* or *HMO Reports* for details about changing options outside the Option Transfer Period.) If you still have specific questions after you've read the plan descriptions, contact your Health Benefits Administrator (HBA) or The Empire Plan carriers and HMOs directly.

## Rates for 2013 and Deadline for Changing Plans

The Empire Plan and HMO rates for 2013 are mailed to your home and posted on our web site as soon as they are approved. Click on Benefit Programs, then on NYSHIP Online. Select your group if prompted, and then click on Health Benefits & Option Transfer. Choose Rates and Health Plan Choices.

The rate flyer announces the option change deadline and paycheck deduction dates. You have 30 days from the date your agency receives rate information to make a decision. Your agency HBA can help if you have questions. COBRA and Young Adult Option

See your agency HBA to change your health insurance option, enrollment or pre-tax status.

### **NO ACTION IS REQUIRED IF YOU DO NOT WISH TO MAKE CHANGES.**

Changes are not automatic and deadlines apply. You must report any change that may affect your coverage to your agency HBA. See pages 1-3 in this booklet and your *NYSHIP General Information Book* for complete information.



# & REMINDERS

enrollees may contact the Employee Benefits Division at 518-457-5754 or 1-800-833-4344 (U.S., Canada, Puerto Rico and the Virgin Islands).

## **Choose Your Pre-Tax Contribution Program Status by November 30, 2012**

*Pre-Tax does not apply to COBRA and Young Adult Option enrollees.*

Under the Pre-Tax Contribution Program (PTCP), your health insurance premiums are deducted from your pay before taxes are taken out. This lowers your taxable income and increases your spendable income. Your paycheck stub shows whether or not you are enrolled in PTCP.

- **Regular Before-Tax Health** appears in the Before-Tax Deductions section if your health insurance premium is deducted from your wages before taxes are withheld.
- **Regular After-Tax Health** appears in the After-Tax Deductions section if your health insurance premium is deducted from your wages after taxes are withheld.

Under PTCP, you can make the following changes only in November each year and without a qualifying event:

- Change from Family to Individual coverage while your dependents are still eligible for coverage,
- Change from Individual to Family coverage (subject to normal waiting period rules),
- Enroll for coverage,
- Voluntarily cancel your coverage while you are still eligible for coverage, or
- Change your PTCP election.

**Note:** A change in coverage is not the same as a change in your PTCP election. Changes in coverage because of a qualifying event must be made within 30 days of the event (or within the waiting period if newly eligible), and delays may be expensive. For example, if your only covered dependent becomes ineligible for coverage in June and you do not notify your HBA of this qualifying event until August (i.e., not within 30 days), your dependent's coverage will be removed retroactively to when he/she first became ineligible for benefits in June. Your PTCP

deductions, however, will be changed from Family to Individual as of August, and no refund will be issued to you for the extra premium you paid in June or July.

Under Internal Revenue Service (IRS) rules, you may change your health insurance deduction during the tax year only after a PTCP-qualifying event. For a list of PTCP-qualifying events, see your *NYSHIP General Information Book*. To change your pre-tax selection for 2013, see your agency HBA and complete a Health Insurance Transaction Form (PS-404) by November 30, 2012.

## **Your Biweekly Premium Contribution**

*The following does NOT apply to COBRA and Young Adult Option enrollees.*

New York State helps pay for your health insurance coverage. After the State's contribution, you are responsible for paying the balance of your premium through biweekly deductions from your paycheck.

- For both Empire Plan and NYSHIP HMO enrollees, the State will pay 90 percent of the cost of the premium for enrollee coverage and 75 percent for dependent coverage.

The State's dollar contribution for the non-prescription drug components of the NYSHIP HMO premium will NOT exceed its dollar contribution for the non-prescription drug components of The Empire Plan premium.

As soon as they are available, 2013 rates will be mailed to your home and posted on our web site at <https://www.cs.ny.gov>. Click on Benefit Programs, then on NYSHIP Online. Select your group if prompted, and then click on Health Benefits & Option Transfer. Choose Rates and Health Plan Choices.

## **Let Your Agency Know about Changes**

You must notify your agency HBA if your home address or phone number changes. If you are an active or retired employee of New York State and registered for MyNYSHIP, you may also make address and option changes online.

Changes in your family status, such as gaining or losing a dependent, may mean you need to change your health insurance coverage from Individual to

Family or from Family to Individual. If you submit a timely request, you can make most changes any time, not just during the Option Transfer Period. See your *NYSHIP General Information Book* for details. Inform your agency HBA about any change promptly to ensure it is effective on the actual date of change in family status.

### **Retiring or Vesting in 2013?**

You may change your health insurance plan when you retire or vest your health insurance. Retirees and vestees who continue their NYSHIP enrollment may change health insurance options at any time once during a 12-month period. For more information on changing options as a retiree, ask your agency HBA for *Choices for 2013 for Retirees*.

### **Eligible for Medicare?**

If you or a dependent is eligible for Medicare because of age or disability, see Medicare and NYSHIP on page 5 for important information. Also, please read this section if you or a dependent will be turning age 65 in 2013 or if you are planning to retire in the coming year and will be Medicare-primary.

### **Comparing Your NYSHIP Options**

Choosing the health insurance plan to cover your needs and the needs of your family requires careful research. As with most important purchases, there is more to consider than cost.

The first step in making a good choice is understanding the similarities and the differences between your NYSHIP options. There are two types of health insurance plans available to you under NYSHIP: The Empire Plan and NYSHIP HMOs.

The Empire Plan is available to all employees. Specific NYSHIP HMOs are available in the various geographic areas of New York State. Depending on where you live or work, one or several NYSHIP HMOs will be available to you. The Empire Plan and NYSHIP HMOs are similar in many ways, but also have important differences.

### **Enrollment in NYSHIP**

To change your NYSHIP option, employees must experience a qualifying event like a change in family status (e.g., marriage, birth, death or divorce) or loss in coverage. Employees must provide proof of the qualifying event within 30 days or any change in enrollment will be subject to NYSHIP's late enrollment waiting period, which is five biweekly pay periods. You will not be eligible for NYSHIP coverage during the waiting period. See the *NYSHIP General Information Book* for more details.

## **Benefits**

### **The Empire Plan and NYSHIP HMOs**

- All NYSHIP plans provide a wide range of hospital, medical/surgical, and mental health and substance abuse coverage.
- All plans provide prescription drug coverage if you do not receive it through a union Employee Benefit Fund.

*Benefits differ among plans. Read this booklet and the certificate/contracts carefully for details.*

## **Exclusions**

- All plans contain exclusions for certain services and prescription drugs.
- Workers' compensation-related expenses and custodial care generally are excluded.

For details on a plan's exclusions, read the *NYSHIP General Information Book* and *Empire Plan Certificate*, the NYSHIP HMO contract, or check with the plan directly.

## **Geographic Area Served**

### **The Empire Plan**

Benefits for all covered services – not just urgent and emergency care – are available worldwide.

### **Health Maintenance Organizations (HMOs)**

- Coverage is available in each HMO's specific service area.
- An HMO may arrange care outside its service area, at its discretion in certain circumstances.

## Benefits Provided by The Empire Plan and All NYSHIP HMOs

- Inpatient medical/surgical hospital care
- Outpatient medical/surgical hospital services
- Physician services
- Emergency services\*
- Laboratory services
- Radiology services
- Diagnostic services
- Diabetic supplies
- Maternity, prenatal care
- Well-child care
- Chiropractic services
- Physical therapy
- Occupational therapy
- Speech therapy
- Prosthetics and durable medical equipment
- Orthotic devices
- Bone density tests
- Mammography
- Inpatient mental health services
- Outpatient mental health services
- Alcohol and substance abuse detoxification
- Inpatient alcohol rehabilitation
- Inpatient drug rehabilitation
- Outpatient alcohol and drug rehabilitation
- Family planning and certain infertility services (Call The Empire Plan carriers or NYSHIP HMO for details.)
- Out-of-area emergencies
- Hospice benefits (at least 210 days)
- Home health care in lieu of hospitalization
- Prescription drug coverage (unless you have coverage through a union Employee Benefit Fund) including injectable medications, self-injectable medications, contraceptive drugs and devices and fertility drugs
- Enteral formulas covered through either HCAP for The Empire Plan or the NYSHIP HMO's prescription drug program (unless you have coverage through a union Employee Benefit Fund)
- Second opinion for cancer diagnosis

**Please see the individual plan descriptions in this booklet to review the differences in coverage and out-of-pocket expenses. See plan documents for complete information on benefits.**

\* Some plans may exclude coverage for airborne ambulance services. Call The Empire Plan or your NYSHIP HMO for details.

## Young Adult Option Web Site

During the Option Transfer Period, eligible adult children of NYSHIP enrollees can enroll in the Young Adult Option and current Young Adult Option enrollees will be able to switch plans. This option allows unmarried, young adult children, up to age 30 to purchase their own NYSHIP coverage. The premium is the full cost of Individual coverage for the option selected.

For more information about the Young Adult Option, go to <https://www.cs.ny.gov/yao> and choose your parent's employee type. This site is your best resource for information on NYSHIP's Young Adult Option. If you don't have access to the Internet, your local library may offer computers for your use. If you have additional questions, please contact the Employee Benefits Division at 518-457-5754 or 1-800-833-4344.



### Young Adult Option Coverage

#### Choose your parent's employee type:

##### NY (with active or retiree benefits)

Employed by or retired from a New York State agency

##### PE (with active or retiree benefits)

Employed by or retired from a government agency in New York State such as the Thruway Authority or Metropolitan Transit Authority that is maintained and financed from special administrative funds and participates in NYSHIP

##### PA (with active or retiree benefits)

Employed by or retired from a city, town, municipality or school district in New York State that participates in NYSHIP

##### SEHP (Student Employee Health Plan)

A graduate student employee enrolled in the Student Employee Health Plan (SEHP)

# Medicare and NYSHIP

**If you are an active employee,** NYSHIP (The Empire Plan or a NYSHIP HMO) provides primary coverage for you and your dependents, regardless of age or disability.

**Exceptions:** Medicare is primary for your domestic partner or same-sex spouse age 65 or over, or for an active employee or dependent of an active employee with end-stage renal disease (following a 30-month coordination period).

NYSHIP requires you and your dependents to be enrolled in Medicare Parts A and B when first eligible for Medicare coverage that pays primary to NYSHIP.

**If you are planning to retire and you or your spouse is 65 or older, contact your Social Security office three months before active employment ends to enroll in Medicare Parts A and B.** Medicare becomes primary to your NYSHIP coverage the first day of the month following a “runout” period of 28 days after the end of the payroll period in which you retire.

If you or a dependent is eligible for Medicare coverage primary to NYSHIP and you don’t enroll in Parts A and B, The Empire Plan or HMO will not provide benefits for services Medicare would have paid if you or your dependent had enrolled.\*

*If you are planning to retire or vest in 2013, know how your NYSHIP benefits will be affected when Medicare is your primary coverage:*

- **If you are enrolled in original Medicare (Parts A and B) and The Empire Plan:** Since Medicare does not provide coverage outside the United States, The Empire Plan pays primary for covered services received outside the United States.
- **If you enroll in a NYSHIP HMO Medicare Advantage Plan:** You replace your original (fee-for-service) Medicare coverage with benefits offered by the Medicare Advantage Plan. Benefits and networks under the HMO’s Medicare Advantage Plan may differ from your coverage as an active employee. To qualify for benefits, you must follow plan rules (except for emergency or out-of-area urgently needed care).
- **If you enroll in a NYSHIP HMO that coordinates coverage with Medicare:** You receive the same benefits from the HMO as an active employee and

still qualify for original Medicare benefits if you receive treatment outside your HMO.

**Medicare Part D** is the Medicare prescription drug benefit for Medicare-primary persons. Effective January 1, 2013, Medicare-primary enrollees and dependents in The Empire Plan will be enrolled automatically in Empire Plan Medicare Rx, a Part D prescription drug program. NYSHIP Medicare Advantage HMOs also provide Medicare Part D prescription drug coverage. You can be enrolled in only one Medicare Part D plan at a time. Enrolling in a Medicare Part D plan separate from your NYSHIP coverage may drastically reduce your benefits overall. For example:

- If you are a Medicare-primary Empire Plan enrollee or dependent and get your prescription drug coverage through Empire Plan Medicare Rx and then you enroll in another Medicare Part D plan outside of NYSHIP, Medicare will terminate your coverage in Empire Plan Medicare Rx. Since you must be enrolled in Empire Plan Medicare Rx to maintain Empire Plan coverage, that means you and your covered dependents may lose all your coverage under The Empire Plan.
- If you are enrolled in a NYSHIP Medicare Advantage HMO and then enroll in a Medicare Part D plan outside of NYSHIP, Medicare will terminate your enrollment in the NYSHIP Medicare Advantage HMO.

If you have been approved for Extra Help by Medicare, and you are enrolled in The Empire Plan or a NYSHIP Medicare Advantage HMO, you may be reimbursed for some or all of your Medicare Part D coverage. For information about qualifying for Extra Help, contact Medicare. If you have been approved for Extra Help, contact the Employee Benefits Division or your HMO.

If you receive prescription drug coverage through a union Employee Benefit Fund, contact the Fund for information about Medicare Part D.

For more information about NYSHIP and Medicare, see your *NYSHIP General Information Book* or ask your agency HBA for a copy of *Choices for 2013 for Retirees, Planning for Retirement, Medicare & NYSHIP or Medicare for Disability Retirees*.

\* Part A is not required if you have to pay a Part A premium. See your agency HBA for more information.

# THE EMPIRE PLAN

## What's New in 2013?

### All NYSHIP Plans

- In accordance with recent New York State legislation, expanded coverage for screening, diagnosis and treatment of autism will take effect.
- Medco Health Solutions, Inc. and Express Scripts, Inc. merged in early 2012.

### The Empire Plan

- The Empire Plan Prescription Drug Program for Medicare-primary enrollees and dependents is changing to Empire Plan Medicare Rx, which includes Medicare Part D benefits with expanded coverage designed specifically for NYSHIP. For more information, see page 5 or ask your agency HBA for a copy of *Choices for 2013* for Retirees.

### NYSHIP HMOs

- Community Blue has changed its name to BlueCross BlueShield of Western New York. Plan benefits for 2013 are listed on pages 30-31 under this new name.

## The Empire Plan

The Empire Plan is a unique plan designed exclusively for New York State's public employees. The Empire Plan has many managed care features, but enrollees are not required to choose a primary care physician and do not need referrals to see specialists. However, certain services, such as hospital and skilled nursing facility admissions, certain outpatient radiological tests, mental health and substance abuse treatment, home care and some prescription drugs, require preapproval. The New York State Department of Civil Service contracts with major insurance companies (carriers) to insure and administer different parts of the Plan.

The Empire Plan provides:

- Network and non-network inpatient and outpatient hospital coverage for medical, surgical and maternity care;

- Medical and surgical coverage under the Participating Provider Program or the Basic Medical Program and Basic Medical Provider Discount Program if you choose a nonparticipating provider;
- Home care services, durable medical equipment and certain medical supplies (including diabetic and ostomy supplies), enteral formulas and diabetic shoes through the Home Care Advocacy Program (HCAP);
- Managed Physical Medicine Program (chiropractic treatment and physical therapy) coverage;
- Inpatient and outpatient mental health and substance abuse coverage;
- Prescription drug coverage;
- Centers of Excellence Programs for cancer, transplants and infertility;
- 24-hour Empire Plan NurseLine<sup>SM</sup> for health information and support; and
- Worldwide coverage.

### Cost Sharing

Under The Empire Plan, benefits are available for covered services when you use a participating or nonparticipating provider. However, your share of the cost of covered services depends on whether the provider you use is participating under the Plan.

**If you use an Empire Plan participating or network provider or facility,** you pay a copayment for certain services; some are covered at no cost to you. The provider or facility files the claim and is reimbursed by The Empire Plan.

You are guaranteed access to network benefits when you contact the program before receiving services and follow program requirements for:

- Inpatient hospital stays;
- Mental Health and Substance Abuse Program services;
- Managed Physical Medicine Program services; and
- Home Care Advocacy Program (HCAP) services.

# OR A NYSHIP HMO

**If you use a nonparticipating provider or non-network facility,** benefits for covered services are subject to a deductible and/or coinsurance. For medical/surgical and mental health and substance abuse services, The Empire Plan has a combined annual deductible per enrollee, per enrolled spouse/domestic partner and per all dependent children combined (see table on page 9). The combined deductible must be met before covered services under the Basic Medical Program and non-network expenses under the Mental Health and Substance Abuse Program can be reimbursed. The Managed Physical Medicine Program has a separate \$250 deductible that is not included in the combined annual deductible.

After you satisfy the combined annual deductible, The Empire Plan pays 80 percent of the reasonable and customary charge for the Basic Medical Program and non-network practitioner services for Mental Health and Substance Abuse Program and 90 percent of covered services for the non-network Hospital Program and non-network approved facility services for the Mental Health and Substance Abuse Program. You are responsible for the remaining 20 percent coinsurance and all charges in excess of the reasonable and customary charge for Basic Medical Program and non-network practitioner services. You also are responsible for the remaining 10 percent coinsurance for non-network Hospital and non-network approved facility services.

The Empire Plan has a combined annual coinsurance maximum\* per enrollee, per enrolled spouse/ domestic partner and per all dependent children combined. After you reach the combined annual coinsurance maximum, you will be reimbursed up to 100 percent of the reasonable and customary charge. You are responsible for paying the provider and will be reimbursed by the Plan for covered charges.

The combined annual coinsurance maximum will be shared among the Basic Medical Program and non-network coverage under the Hospital Program and Mental Health and Substance Abuse Program. The Managed Physical Medicine Program and Home Care Advocacy Program do not have a coinsurance maximum.

## **Basic Medical Provider Discount Program**

If you are Empire Plan-primary, The Empire Plan also includes a program to reduce your out-of-pocket costs when you use a nonparticipating provider. The Empire Plan Basic Medical Provider Discount Program offers discounts from certain physicians and providers who are not part of The Empire Plan participating provider network. These providers are

\* See page 9 for the combined annual deductible and coinsurance amounts that apply to you, based on your employee group.

## **Consider Cost**

*The following does NOT apply to COBRA and Young Adult Option Enrollees.*

Although New York State pays most of the premium cost for your coverage regardless of which plan you choose, differences in plan benefits among the various health insurance options result in different employee contributions for coverage. (See Your Biweekly Premium Contribution on page 1.) However, when considering cost, think about all your costs throughout the year, not just your biweekly paycheck deduction. Keep in mind out-of-pocket expenses you are likely to incur during the year, such as copayments for prescriptions and other services, coinsurance and any costs of using providers or services not covered under the plan. Add the annual premium for that plan to these costs to estimate your total annual cost under that plan. Do this for each plan you are considering and compare the costs. Watch for the *NYSHIP Rates & Deadlines for 2013* flyer that will be mailed to your home and posted on our web site, <https://www.cs.ny.gov>, as soon as rates are approved. Along with this booklet, which provides copayment information, *NYSHIP Rates & Deadlines for 2013* will provide the information you need to figure your annual cost under each of the available plans.



part of the nationwide MultiPlan group, a provider organization contracted with UnitedHealthcare. Empire Plan Basic Medical Program provisions apply and you must meet the combined annual deductible.

Providers in the Basic Medical Provider Discount Program accept a discounted fee for covered services. Your 20 percent coinsurance is based on the lower of the discounted fee or the reasonable and customary charge. The provider submits your claims and UnitedHealthcare pays The Empire Plan portion of the provider fee directly to the provider if the services qualify for the Basic Medical Provider Discount Program. Your Explanation of Benefits, which details claims payments, shows the discounted amount applied to billed charges.

To find a provider in The Empire Plan Basic Medical Provider Discount Program, ask if the provider is an Empire Plan MultiPlan provider or call The Empire Plan toll free at 1-877-7-NYSHIP (1-877-769-7447), choose the Medical Program and ask a representative for help. You can also visit our web site at <https://www.cs.ny.gov>. Click on Benefit Programs, then on NYSHIP Online. Select the group if prompted, and then click on Find a Provider.

The best savings are with participating providers. For more information, read *Reporting On Network Benefits*. You can find this publication at <https://www.cs.ny.gov>. Or, ask your agency HBA for a copy.

## Providers

Under The Empire Plan, you can choose from over 250,000 participating physicians and other providers and facilities nationwide, and from more than 68,000 participating pharmacies across the United States or a mail service pharmacy.

## NYSHIP Health Maintenance Organizations

A Health Maintenance Organization (HMO) is a managed care system in a specific geographic area that provides comprehensive health care coverage through a network of providers.

- Enrollees usually choose a primary care physician (PCP) from the HMO's network for routine medical care and for referrals to specialists and hospitals when medically necessary.

- Coverage outside the specified geographic area is limited.
- HMO enrollees usually pay a copayment as a per-visit fee or coinsurance (percentage of cost).
- HMOs have no annual deductible.
- Referral forms to see network specialists may be required.
- Claim forms rarely are required.
- HMO enrollees who use doctors, hospitals or pharmacies outside the HMO's network must, in most cases, pay the full cost of services (unless authorized by the HMO or in an emergency).

All NYSHIP HMOs provide a wide range of health services. Each offers a specific package of hospital, medical, surgical and preventive care benefits. These services are provided or arranged by the PCP selected by the enrollee from the HMO's staff or physician network.

All NYSHIP HMOs cover inpatient and outpatient hospital care at a network hospital and offer prescription drug coverage, unless it is provided through a union Employee Benefit Fund.

NYSHIP HMOs are organized in one of two ways:

- A Network HMO provides medical services that can include its own health centers as well as outside participating physicians, medical groups and multispecialty medical centers.
- An Independent Practice Association (IPA) HMO provides medical services through private practice physicians who have contracted independently with the HMO to provide services in their offices.

Members enrolling in Network and IPA model HMOs may be able to select a doctor they already know if that doctor participates with the HMO.

See the individual HMO pages in this booklet for additional benefit information and to learn if the HMO serves your geographic area.

## NYSHIP and Medicare

If you are Medicare-primary, see page 5 for an explanation of how Medicare affects your NYSHIP coverage.

## Empire Plan Deductibles and Coinsurance Maximums by Group\*

Employee Group	Annual Deductible <sup>1</sup> (per enrollee; per enrolled spouse or domestic partner; per all enrolled dependent children combined)	Coinsurance Maximum <sup>2</sup>
DC-37	\$322 CPI <sup>3</sup>	\$690 CPI <sup>3</sup> /\$300 <sup>4</sup>
PBA – Supervisors	\$417 CPI <sup>3</sup>	\$919 CPI <sup>3</sup>
PBA – Troopers	\$417 CPI <sup>3</sup>	\$919 CPI <sup>3</sup>
PIA	\$417 CPI <sup>3</sup>	\$919 CPI <sup>3</sup>
UUP	\$417 CPI <sup>3</sup>	\$1,148 CPI <sup>3</sup>
UUP Lifeguards <sup>5</sup>	\$417 CPI <sup>3</sup>	\$1,545 CPI <sup>3</sup>

<sup>1</sup> The deductible amount is combined and must be met before your Basic Medical Program, non-network expenses under the Home Care Advocacy Program and Mental Health and Substance Abuse Program claims can be reimbursed.

<sup>2</sup> The coinsurance maximum is combined for the Basic Medical Program and non-network expenses under the Hospital Program and Mental Health and Substance Abuse Program.

<sup>3</sup> These changes reflect the 4.2% increase in the medical care component of the Consumer Price Index of Urban Wage Earners and Clerical Workers, all Cities (CPI-W) for the period of July 1, 2011 through June 30, 2012.

<sup>4</sup> The coinsurance maximum will be reduced to \$300 for calendar year 2013 for employees in (or equated to) salary grade 6 or below on January 1, 2013.

<sup>5</sup> Coinsurance maximum per contract (all other groups calculated as per enrollee; per enrolled spouse or domestic partner; per all enrolled dependent children combined).

**Note:** You have no deductible or coinsurance when you use Empire Plan participating providers.

\* The Managed Physical Medicine Program has a separate \$250 deductible that is not included in the combined annual deductible. The Managed Physical Medicine Program and Home Care Advocacy Program do not have a coinsurance maximum.

# The Empire Plan and NYSHIP HMOs: Similarities and Differences

## Will I be covered for care I receive away from home?

### The Empire Plan:

Yes. Under The Empire Plan, your benefits are the same wherever you receive care.

### NYSHIP HMOs:

Under an HMO, you are always covered away from home for emergency care. Some HMOs provide coverage for routine care if the HMO has reciprocity with another HMO. Some HMOs provide coverage for college students away from home if the care is urgent or if follow-up care has been preauthorized. See the Out-of-Area Benefit description on each HMO page for more information.

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## If I am diagnosed with a serious illness, can I see a physician or go to a hospital that specializes in my illness?

### The Empire Plan:

Yes. You can use the specialist of your choice. You have Basic Medical Program benefits for nonparticipating providers and Basic Medical Provider Discount Program benefits for nonparticipating providers who are part of The Empire Plan MultiPlan group.<sup>1</sup> (See page 7 for more information on the Basic Medical Provider Discount Program.) Your hospital benefits will differ depending on whether you choose a network or non-network hospital.<sup>1</sup> (See page 11 for details.)

### NYSHIP HMOs:

You should expect to choose a participating physician and a participating hospital. Under certain circumstances, you may be able to receive a referral to a specialist care center outside the network.

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## Can I be sure I will not need to pay more than my copayment when I receive medical services?

### The Empire Plan:

Yes. Your copayment should be your only expense if you receive medically necessary and covered services and you:

- Choose a participating provider;
- Receive inpatient or covered outpatient hospital services at a network hospital and follow Benefits Management Program requirements.<sup>1</sup>

### NYSHIP HMOs:

Yes. As long as you receive medically necessary and covered services, follow HMO requirements and receive the appropriate referral (if required), your copayment or coinsurance should be your only expense.

<sup>1</sup> Applies only to Empire Plan-primary enrollees.

## Can I use the hospital of my choice?

### The Empire Plan:

Yes. You have coverage worldwide, but your benefits differ depending on whether you choose a network or non-network hospital.<sup>1</sup> Your benefits are highest at network hospitals participating in the BlueCross and BlueShield Association BlueCard® PPO Program, or for mental health or substance abuse care in the OptumHealth network.

Network hospital inpatient: Paid-in-full hospitalization benefits.

Network hospital outpatient and emergency care: Subject to network copayments.

Non-network hospital inpatient and outpatient: 10 percent coinsurance<sup>2</sup> up to the annual combined maximum per enrollee; per enrolled spouse or domestic partner; per all enrolled dependent children combined (see page 7).

### NYSHIP HMOs:

Except in an emergency, you generally do not have coverage at non-network hospitals unless authorized by the HMO.

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## What kind of care is available for physical therapy and chiropractic care?

### The Empire Plan:

You have guaranteed access to unlimited medically necessary care when you follow Plan requirements.

### NYSHIP HMOs:

Coverage is available for a specified number of days/visits each year, as long as you follow the HMO's requirements.

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## What if I need durable medical equipment, medical supplies or home nursing?

### The Empire Plan:

You have guaranteed, paid-in-full access to medically necessary home care, equipment and supplies<sup>3</sup> through the Home Care Advocacy Program (HCAP) when preauthorized and arranged by the Plan.

### NYSHIP HMOs:

Benefits are available and vary depending on the HMO. Benefits may require a greater percentage of cost-sharing.

<sup>2</sup> Greater of 10 percent coinsurance or \$75 for outpatient services.

<sup>3</sup> Diabetic shoes have an annual maximum benefit of \$500. (Coverage for diabetic shoes does not apply to UUP employees in lifeguard titles.)

Note: These responses are generic and highlight only general differences between The Empire Plan and NYSHIP HMOs. Details for each plan are available on individual plan pages beginning on page 17 of this booklet, in the *Empire Plan Certificate* (available from your agency HBA) and in the HMO contract (available from each HMO).

## Making a Choice

Selecting a health insurance plan is an important personal decision. Only you know your family lifestyle, health, budget and benefit preferences. Think about what health care you and your family might need during the next year. Review the plans and ask for more information. Here are several questions to consider:

- What benefits does the plan have for doctor visits and other medical care? How are durable medical equipment and other supplies covered? What is my share of the cost?
- What benefits does the plan have for prescription drugs? Will the medicine I take be covered under the plan? What is my share of the cost? What type of formulary does the plan have? Am I required to use the mail service pharmacy? (If you receive your drug coverage from a union Employee Benefit Fund, ask the Fund if your plan will change.)
- What choice of providers do I have under the plan? (Ask if the provider or facilities you use are covered.) How would I consult a specialist if I needed one? Would I need a referral?
- What is my premium for the health plan?
- What will my out-of-pocket expenses be for health care?
- Does the plan cover special needs? Are there any benefit limitations? (If you or one of your dependents has a medical or mental health/substance abuse condition requiring specific treatment or other special needs, check on coverage carefully. Don't assume you'll have coverage. Ask The Empire Plan carriers or HMOs about your specific treatment.)
- Are routine office visits and urgent care covered for out-of-area college students or is only emergency health care covered?
- How much paperwork is involved in the health plan – do I have to fill out forms?

### Things to Remember

- Gather as much information as possible.
- Consider the unique needs of yourself and your family.
- Compare the coverage and cost of your options.
- Look for a health plan that provides the best balance of cost and benefits for you.

## How to Use the *Choices* Benefit Charts, Pages 17 – 45

All NYSHIP plans must include a minimum level of benefits (see page 3). For example, The Empire Plan and all NYSHIP HMOs provide a paid-in-full benefit for medically necessary inpatient medical/surgical hospital care at network hospitals.

Use the charts to compare the plans. The charts list out-of-pocket expenses and benefit limitations effective on or about January 1, 2013. See plan documents for complete information on benefit limitations.

To generate an easy-to-read, side-by-side comparison of the benefits provided by each of the NYSHIP plans in your area, use the NYSHIP Plan Comparison tool,\* available on the Department of Civil Service web site. Go to our homepage at <https://www.cs.ny.gov>, click on Benefit Programs, then NYSHIP Online. Select your group if prompted and then choose Health Benefits & Option Transfer. Click on Rates and Health Plan Choices and then NYSHIP Plan Comparison. Select your group and the counties in which you live and work. Then, check the box next to the plans you want to compare and click on Compare Plans to generate the comparison table.

**Note:** Most benefits described in this booklet are subject to medical necessity and may involve limitations or exclusions. Please refer to plan documents, or call the plans directly for details.

### If You Decide to Change Your Plan

The Empire Plan and NYSHIP HMOs are summarized in this booklet. The Empire Plan is available to all employees. NYSHIP HMOs are available to employees in areas where they live or work. Pick the plans that would serve your needs best and call each for details before you choose.

If you decide to change your plan:

- See your agency HBA before the Option Transfer deadline announced in the rate flyer.
- Complete the necessary PS-404 form, or change your option online using MyNYSHIP if you are an active employee of a New York State agency.

\* See the back cover for more information about how to compare NYSHIP plans.

## Questions and Answers

### **Q: Can I join The Empire Plan or any NYSHIP-approved HMO?**

**A:** The Empire Plan is available worldwide, wherever you live or work. To enroll or continue enrollment in a NYSHIP-approved HMO, you must live or work in that HMO's service area. If you move permanently out of and/or no longer work in your HMO's service area, you must change options. See Plans by County on pages 15 and 16 and the individual HMO pages in this booklet to check the counties each HMO will serve in 2013.

### **Q: How do I find out which providers and hospitals participate? What if my doctor or other provider leaves my plan?**

**A:** Check with your providers directly to see whether they participate in The Empire Plan for New York State government employees or in a NYSHIP HMO.

For Empire Plan providers:

- Visit <https://www.cs.ny.gov>; click on Benefit Programs, then on NYSHIP Online. Select your group if prompted, and then click on Find a Provider.
- Ask your agency HBA for *The Empire Plan Participating Provider Directory*.
- Call The Empire Plan toll free at 1-877-7-NYSHIP (1-877-769-7447) and select the appropriate program for the type of provider you need.

For HMO providers:

- Visit the web sites (web site addresses are provided on the individual HMO pages in this booklet) for provider information.
- Call the telephone numbers on the HMO pages in this booklet. Ask which providers participate and which hospitals are affiliated.

If you choose a provider who does not participate in your plan, check carefully whether benefits would be available to you. Ask if you need authorization to have the provider's services covered. In most circumstances, HMOs do not provide benefits for services by nonparticipating providers or hospitals. Under The Empire Plan, you have benefits for participating and nonparticipating providers.

Participating providers change. You cannot change your plan outside the Option Transfer Period because your provider no longer participates.

### **Q: I have a preexisting condition. Will I have coverage if I change options?**

**A:** Yes. Under NYSHIP, you can change your option and still have coverage for a preexisting condition. There are no preexisting condition exclusions in any NYSHIP plan. However, coverage and exclusions differ. Ask the plan you are considering about coverage for your condition.

### **Q: What if I retire in 2013 and become eligible for Medicare?**

**A:** Regardless of which option you choose, as a retiree, you and your dependent must be enrolled in Medicare Parts A and B when either of you first becomes eligible for primary Medicare coverage. Please read about Medicare and NYSHIP and Medicare Part D on page 5. Please note, especially, that your NYSHIP benefits become secondary to Medicare and that your benefits may change.

### **Q: I am a COBRA dependent in a Family plan. Can I switch to Individual coverage and select a different health plan from the rest of my family?**

**A:** Yes. As a COBRA dependent, you may elect to change to Individual coverage in a plan different from the enrollee's Family coverage. During the Option Transfer Period, you may enroll in The Empire Plan or choose any NYSHIP-approved HMO in the area where you live or work.

## Terms to Know

**Coinsurance:** The enrollee's share of the cost of covered services; a fixed percentage of medical expenses.

**Copayment:** The enrollee's share of the cost of covered services that is a fixed dollar amount paid when medical service is received, regardless of the total charge for service.

**Deductible:** The dollar amount an enrollee is required to pay before health plan benefits begin to reimburse for services.

**Fee-for-service:** A method of billing for health care services. A provider charges a fee each time an enrollee receives a service.

**Formulary:** A list of preferred drugs used by a health plan. If a plan has a **closed formulary**, you have coverage only for drugs that appear on the list. An **open or incented formulary** encourages use of preferred drugs to non-preferred drugs based on a tiered copayment schedule. In a **flexible formulary**, brand-name prescription drugs may be assigned to different copayment levels based on value to the plan and clinical judgment. In some cases, drugs may be excluded from coverage under a flexible formulary if a therapeutic equivalent is covered or available as an over-the-counter drug.

**Health Benefits Administrator (HBA):** An individual located in a State agency, often in the Human Resources or Personnel Office, who works with the Employee Benefits Division in the Department of Civil Service to process enrollment transactions and answer health insurance questions. You are responsible for notifying your agency HBA of changes that might affect your enrollment.

**Health Maintenance Organization (HMO):** A managed care delivery system organized to deliver health care services in a geographic area. An HMO provides a predetermined set of benefits through a network of selected physicians, laboratories and hospitals for a prepaid premium. Except for emergency services, you and your enrolled dependents may have coverage only for services received from your HMO's network. See NYSHIP Health Maintenance Organizations on page 8 for more information on HMOs including descriptions of the two different types, Network and Independent Practice Association (IPA), that are offered under NYSHIP.

**Managed Care:** A health care program designed to ensure you receive the highest quality medical care for the lowest cost, in the most appropriate health care setting. Most managed care plans require you to select a primary care physician employed by (or who contracts with) the managed health care system. He/she serves as your health care manager by coordinating virtually all health care services you receive. Your primary care physician provides your routine medical care and refers you to a specialist if necessary.

**Medicare:** A federal health insurance program that covers certain people age 65 or older, disabled persons under 65, and those who have end-stage renal disease (permanent kidney failure). Medicare is directed by the federal Centers for Medicare & Medicaid Services (CMS) and administered by the Social Security Administration.

**Medicare Advantage Plan:** Medicare option wherein the plan agrees with Medicare to accept a fixed monthly payment for each Medicare enrollee. In exchange, the plan provides or pays for all medical care needed by the enrollee. If you join a Medicare Advantage Plan, you replace your Original (fee-for-service) Medicare coverage (Parts A and B) with benefits offered by the plan and all of your medical care (except for emergency or out-of-area, urgently needed care) must be provided, arranged or authorized by the Medicare Advantage Plan. All NYSHIP Medicare Advantage HMOs also include Medicare Part D drug coverage. The benefits under these plans are set in accordance with federal guidelines for Medicare Advantage Plans.

**Network:** A group of doctors, hospitals and/or other health care providers who participate in a health plan and agree to follow the plan's procedures.

**New York State Health Insurance Program (NYSHIP):** NYSHIP covers over 1.2 million public employees, retirees and dependents and is one of the largest group health insurance programs in the country. The Program provides health care benefits through The Empire Plan or a NYSHIP-approved HMO.

**Option:** A health insurance plan offered through NYSHIP. Options include The Empire Plan and NYSHIP-approved HMOs within specific geographic areas.

# Plans by County

## The Empire Plan

The Empire Plan is available to all enrollees in the New York State Health Insurance Program (NYSHIP). You may choose The Empire Plan regardless of where you live or work. Coverage is worldwide. See pages 17-25 for a summary of The Empire Plan.

## Health Maintenance Organizations (HMOs)

Most NYSHIP enrollees have a choice among HMOs. You may enroll, or continue to be enrolled, in any NYSHIP-approved HMO that serves the area where you live or work. You may not be enrolled in an HMO outside your area. This list will help you determine which HMOs are available by county. The pages indicated will describe benefits available from each HMO.

Page in Choices	17	26	28	30	32	32	32	34	34	34	36	36	38	40	40	42	44	44	44	44	44
	The Empire Plan	Aetna*	Blue Choice*	BlueCross BlueShield of Western New York*	CDPHP*	CDPHP*	CDPHP*	Empire BlueCross BlueShield HMO*	Empire BlueCross BlueShield HMO*	Empire BlueCross BlueShield HMO*	GHI HMO	GHI HMO	HIP*	HMOBlue	HMOBlue	Independent Health*	MVP*	MVP*	MVP*	MVP*	MVP
<b>NYSHIP CODE</b>	001	210	066	067	063	300	310	280	290	320	220	350	050	072	160	059	058	060	330	340	360
Albany	•				•			•			•							•			
Allegany	•			•												•					
Bronx	•	•							•				•								
Broome	•					•								•					•		
Cattaraugus	•			•												•					
Cayuga	•													•					•		
Chautauqua	•			•												•					
Chemung	•													•							
Chenango	•					•									•				•		
Clinton	•							•							•						
Columbia	•				•			•			•							•			
Cortland	•													•					•		
Delaware	•					•		•			•				•				•		
Dutchess	•						•			•		•								•	
Erie	•			•												•					
Essex	•					•		•							•						
Franklin	•														•						•
Fulton	•				•			•							•			•			
Genesee	•			•											•	•					
Greene	•				•			•			•							•			
Hamilton	•					•												•			
Herkimer	•					•								•					•		
Jefferson	•														•				•		
Kings	•	•							•				•								
Lewis	•													•					•		

\* Medicare-primary NYSHIP enrollees will be enrolled in this HMO's Medicare Advantage Plan. For more information about NYSHIP Medicare Advantage Plans, ask your agency HBA for a copy of *Choices for 2013 for Retirees*.

Plans by County, continued

Page in Choices	17	26	28	30	32	32	32	34	34	34	36	36	38	40	40	42	44	44	44	44	44
	The Empire Plan	Aetna*	Blue Choice*	BlueCross BlueShield of Western New York*	CDPHP*	CDPHP*	CDPHP*	Empire BlueCross BlueShield HMO*	Empire BlueCross BlueShield HMO*	Empire BlueCross BlueShield HMO*	GHI HMO	GHI HMO	HIP*	HMOBlue	HMOBlue	Independent Health*	MVP*	MVP*	MVP*	MVP*	MVP
NYSHIP CODE	001	210	066	067	063	300	310	280	290	320	220	350	050	072	160	059	058	060	330	340	360
Livingston	•		•														•				
Madison	•					•									•				•		
Monroe	•		•														•				
Montgomery	•				•			•							•			•			
Nassau	•	•							•				•								
New York	•	•							•				•								
Niagara	•			•												•					
Oneida	•					•									•				•		
Onondaga	•													•					•		
Ontario	•		•														•				
Orange	•	•					•			•		•									•
Orleans	•			•												•	•				
Oswego	•													•					•		
Otsego	•					•									•				•		
Putnam	•	•								•		•									•
Queens	•	•							•				•								
Rensselaer	•				•			•			•							•			
Richmond	•	•							•				•								
Rockland	•	•							•			•									•
Saratoga	•				•			•			•							•			
Schenectady	•				•			•			•							•			
Schoharie	•				•			•										•			
Schuyler	•													•							
Seneca	•		•														•				
St. Lawrence	•														•						•
Steuben	•													•			•				
Suffolk	•	•							•				•								
Sullivan	•	•								•		•									•
Tioga	•					•								•					•		
Tompkins	•													•					•		
Ulster	•						•			•		•									•
Warren	•				•			•			•							•			
Washington	•				•			•			•							•			
Wayne	•		•														•				
Westchester	•	•							•				•								
Wyoming	•			•												•	•				
Yates	•		•														•				
New Jersey	•	•																			

\* Medicare-primary NYSHIP enrollees will be enrolled in this HMO's Medicare Advantage Plan. For more information about NYSHIP Medicare Advantage Plans, ask your agency HBA for a copy of *Choices for 2013 for Retirees*.

# THE EMPIRE PLAN

## NYSHIP CODE #001

This section summarizes benefits available under each portion of The Empire Plan as of January 1, 2013.<sup>1</sup> You may also visit <https://www.cs.ny.gov>, or call toll free 1-877-7-NYSHIP (1-877-769-7447), the one number for The Empire Plan carriers. Call to connect to:

### The Medical/Surgical Program

#### UnitedHealthcare

Medical and surgical coverage through:

- **Participating Provider Program** – More than 250,000 physicians and other providers participate; certain services are subject to a copayment (see page 22).
- **Basic Medical Program** – If you use a nonparticipating provider, the Program considers up to 80 percent of reasonable and customary charges for covered services after the combined annual deductible is met. After the combined annual coinsurance maximum is met, the Plan pays up to 100 percent of reasonable and customary charges for covered services. See Cost Sharing (page 6) for additional information.
- **Basic Medical Provider Discount Program** – If you use a nonparticipating provider who is part of The Empire Plan MultiPlan group (see page 7).

**Home Care Advocacy Program (HCAP)** – Paid-in-full benefit for home care, durable medical equipment and certain medical supplies (including diabetic and ostomy supplies), enteral formulas and diabetic shoes. Diabetic shoes have an annual maximum benefit of \$500.<sup>2</sup> Guaranteed access to network benefits nationwide. Limited non-network benefits available. (See the *Empire Plan Certificate/Reports* for details.)

**Managed Physical Medicine Program** – Chiropractic treatment and physical therapy through a Managed Physical Network (MPN) provider are subject to a copayment (see page 22). Unlimited network benefits when medically necessary. Guaranteed access to network benefits nationwide. Non-network benefits available.

Under the **Benefits Management Program**, you must call the Medical/Surgical Program for Prospective Procedure Review before an elective (scheduled) Magnetic Resonance Imaging (MRI), Magnetic Resonance Angiography (MRA), Computerized Tomography (CT), Positron Emission Tomography (PET) scan or Nuclear Medicine tests unless you are having the test as an inpatient in a hospital. (See the *Empire Plan Certificate* for details.)

When arranged by the Medical/Surgical Program, a voluntary, paid-in-full Specialist Consultant Evaluation is available.

Voluntary outpatient Medical Case Management is available to help coordinate services for serious conditions.

<sup>1</sup> These benefits are subject to medical necessity and to limitations and exclusions described in the *Empire Plan Certificate* and *Empire Plan Reports/Certificate Amendments*.

<sup>2</sup> Benefit does not apply to UUP employees in lifeguard titles.

## The Hospital Program

### Empire BlueCross BlueShield

The following benefit level applies when covered services are received at a BlueCross and BlueShield Association BlueCard® PPO **network hospital**:

- Medical or surgical inpatient stays are covered at no cost to you.
- Hospital outpatient and emergency care are subject to network copayments.
- When you use a network hospital, anesthesiology, pathology and radiology provider charges for covered hospital services are paid in full under the Medical/Surgical Program if The Empire Plan provides your primary coverage.
- Certain covered outpatient hospital services provided at network hospital extension clinics are subject to hospital outpatient and emergency care copayments. Other provider charges will be paid in full if using a network provider. Non-network provider charges will be paid in accordance with the Basic Medical portion of the Medical/Surgical Program.

The following benefit level applies for services received at **non-network hospitals** (*for Empire Plan-primary enrollees only*<sup>3</sup>):

- Non-network hospital inpatient stays and outpatient services – 10 percent coinsurance<sup>4</sup> up to the combined annual coinsurance maximum per enrollee; per enrolled spouse or domestic partner; per all enrolled dependent children combined.<sup>5</sup>

The Empire Plan will approve network benefits at a non-network facility if:

- Your hospital care is emergency or urgent.
- You do not have access to a network facility within 30 miles of your residence.
- No network facility can provide the medically necessary services.
- Another insurer or Medicare provides your primary coverage (pays first).

### Preadmission Certification Requirements

Under the Benefits Management Program, if The Empire Plan is your primary coverage, you must call the Hospital Program for certification of any inpatient stay:

- Before a maternity or scheduled (nonemergency) hospital admission,
- Within 48 hours or as soon as reasonably possible after an emergency or urgent hospital admission, and
- Before admission or transfer to a skilled nursing facility.

If you do not follow the preadmission certification requirement for the Hospital Program, you must pay:

- A \$200 hospital penalty if it is determined any portion was medically necessary, and
- All charges for any day determined not to be medically necessary.

Voluntary inpatient Medical Case Management is available to help coordinate services for serious conditions.

<sup>3</sup> If Medicare or another plan provides primary coverage, you receive network benefits for covered services at both network and non-network hospitals.

<sup>4</sup> Greater of 10 percent or \$75 for outpatient services.

<sup>5</sup> Annual deductibles and coinsurance maximums vary by group. See page 9 for details.

## The Mental Health and Substance Abuse Program UnitedHealthcare/OptumHealth

The Mental Health and Substance Abuse Program (MHSA) offers two levels of benefits. If you call the MHSA Program before you receive services and follow their recommendations, you receive:

### Network Benefits

(unlimited when medically necessary)

- Inpatient (paid in full)
- Crisis intervention (up to three visits per crisis paid in full)
- Outpatient including office visits, home-based or telephone counseling and nurse practitioner services subject to a copayment (see page 23).
- Outpatient rehabilitation to an approved Structured Outpatient Rehabilitation Program for substance abuse subject to a copayment (see page 23).

If you do **NOT** follow the requirements for network coverage, you receive:

### Non-network Benefits<sup>6</sup>

(unlimited when medically necessary)

- For Practitioner Services: the MHSA Program will consider up to 80 percent of reasonable and customary charges for covered outpatient practitioner services after you meet the combined annual deductible.<sup>5</sup> After the combined annual coinsurance maximum is reached per enrollee; per enrolled spouse or domestic partner; per all enrolled dependent children combined,<sup>5</sup> the Plan pays up to 100 percent of reasonable and customary charges for covered services.
- For Approved Facility Services: You are responsible for 10 percent coinsurance<sup>4</sup> up to the combined annual coinsurance maximum per enrollee; per enrolled spouse or domestic partner; per all enrolled dependent children combined.<sup>5</sup> After the coinsurance maximum is met, the Plan pays 100 percent of billed charges for covered services.

Outpatient treatment sessions for family members of an alcoholic, alcohol abuser or substance abuser are covered for a maximum of 20 visits per year for all family members combined.

**Note:** The amount you pay for inpatient and outpatient services counts towards meeting the deductible or coinsurance maximum. Deductible, coinsurance and maximum coinsurance amounts are combined with all other deductible, coinsurance or maximum coinsurance amounts.

## The Prescription Drug Program

UnitedHealthcare & Express Scripts, Inc./  
Medco Health Solutions, Inc. (ESI/Medco)

**Medicare-primary enrollees and dependents:** If you are or will be Medicare-primary in 2013, ask your agency HBA for a copy of *Choices for 2013* for Retirees for information about your coverage under Empire Plan Medicare Rx, a Medicare Part D prescription drug program.

- When you use a network retail pharmacy or the mail service pharmacy for up to a 30-day supply of a covered drug, you pay a \$5 copayment for Level 1 or generic drugs, a \$15 copayment for Level 2 or preferred brand-name drugs and a \$30<sup>7</sup>/40 copayment for Level 3 or non-preferred brand-name drugs.
- For a 31- to 90-day supply of a covered drug through a network retail pharmacy, you pay a \$10 copayment for Level 1 or generic drugs, a \$30 copayment for Level 2 or preferred brand-name drugs and a \$60<sup>7</sup>/\$70 copayment for Level 3 or non-preferred brand-name drugs.
- For a 31- to 90-day supply of a covered drug through the mail service pharmacy, you pay a \$5 copayment for Level 1 or generic drugs, a \$20 copayment for Level 2 or preferred brand-name drugs and a \$55<sup>7</sup>/65 copayment for Level 3 or non-preferred brand-name drugs.

<sup>4</sup> Greater of 10 percent or \$75 for outpatient services.

<sup>5</sup> Annual deductibles and coinsurance maximums vary by group. See page 9 for details.

<sup>6</sup> You are responsible for obtaining MHSA Program certification for care obtained from a non-network practitioner or facility.

<sup>7</sup> For UUP employees in lifeguard titles.

- When you fill a prescription for a covered brand-name drug that has a generic equivalent, you pay the Level 3 or non-preferred brand-name drug copayment plus the difference in cost between the brand-name drug and the generic equivalent, not to exceed the full retail cost of the drug. Exceptions apply. Please contact The Empire Plan Prescription Drug Program at 1-877-7-NYSHIP (1-877-769-7447) for more information.
- The Empire Plan has a flexible formulary<sup>2</sup> that excludes certain prescription drugs from coverage. An excluded drug is not subject to any type of appeal or coverage review, including a medical necessity appeal.
- Prior authorization is required for certain drugs.
- A pharmacist is available 24 hours a day to answer questions about your prescriptions.
- You can use a nonparticipating pharmacy or pay cash at a participating pharmacy (instead of using your Empire Plan Benefit Card) and fill out a claim form for reimbursement. In almost all cases, you will not be reimbursed the total amount you paid for the prescription, and your out-of-pocket expenses may exceed the usual copayment amount. To reduce your out-of-pocket expenses, use your Empire Plan Benefit Card whenever possible.

### **Specialty Pharmacy**

The Prescription Drug Program's Specialty Pharmacy Program<sup>2</sup> offers enhanced services to individuals using specialty drugs, such as those used to treat complex conditions and those that require special handling, special administration, or intensive patient monitoring. (The complete list of specialty drugs included in the Specialty Pharmacy Program is available on the New York State Department of Civil Service web site at <https://www.cs.ny.gov>.) The Program provides enrollees with enhanced services that include disease and drug education, compliance management, side-effect management, safety management, expedited, scheduled delivery of medications at no additional charge, refill reminder calls and all necessary supplies such as needles and syringes applicable to the medication.

Most specialty drugs are only covered when dispensed by The Empire Plan's designated specialty pharmacy, Accredo. When Accredo dispenses a specialty medication, the applicable mail service copayment is charged. Specialty drugs can be ordered through the Specialty Pharmacy Program using the Medco Pharmacy mail order form. To request mail service envelopes, refills or to speak to a specialty-trained pharmacist or nurse regarding the Specialty Pharmacy Program, call The Empire Plan toll free at 1-877-7-NYSHIP (1-877-769-7447) between 8 a.m. and 8 p.m., Monday through Friday, Eastern time. Choose the Prescription Drug Program, and ask to speak with Accredo.

### **Grandfathered Health Plans**

Under the Patient Protection and Affordable Care Act (PPACA), a grandfathered health plan is permitted to preserve certain basic health coverage that was already in effect when the Act was signed into law on March 23, 2010. Being a grandfathered health plan means that the plan may delay implementation of certain features of health care reform that apply to non-grandfathered health plans. For example, the requirement for the provision of preventive health services without any cost sharing does not need to be included under a health care plan until the plan is no longer grandfathered. However, grandfathered health plans must comply with certain other consumer protections in the Act such as, the elimination of lifetime limits on certain benefits.

Questions regarding which protections apply and which protections do not apply to a grandfathered health plan and what might cause a plan to change from grandfathered health plan status can be directed to the New York State Department of Civil Service, Employee Benefits Division, Albany, NY 12239. You may also contact the U.S. Department of Health and Human Services at [www.healthcare.gov](http://www.healthcare.gov).

<sup>2</sup> Benefit does not apply to employees in lifeguard titles.

## The Empire Plan NurseLine<sup>SM</sup>

Call The Empire Plan toll free at 1-877-7-NYSHIP (1-877-769-7447) and choose The Empire Plan NurseLine<sup>SM</sup> for health information and support.

Representatives are available 24 hours a day, seven days a week.

## Empire Plan Benefits Are Available Worldwide

The Empire Plan gives you the freedom to choose a participating provider or a nonparticipating provider.

## Teletypewriter (TTY) Numbers

For callers who use a TTY device because of a hearing or speech disability. All TTY numbers are toll free.

### Medical/Surgical Program

TTY only:..... 1-888-697-9054

### Hospital Program

TTY only:..... 1-800-241-6894

### Mental Health and Substance Abuse Program

TTY only:..... 1-800-855-2881

### Prescription Drug Program

TTY only:..... 1-800-759-1089



## The Empire Plan Centers of Excellence Programs

**The Centers of Excellence for Cancer Program** includes paid-in-full coverage for cancer-related expenses received through Cancer Resource Services (CRS). CRS is a nationwide network including many of the nation's leading cancer centers. The enhanced benefits, including a travel allowance, are available only when you are enrolled in the Program.

**The Centers of Excellence for Transplants Program** provides paid-in-full coverage for services covered under the Program and performed at a qualified Center of Excellence. The enhanced benefits, including a travel allowance, are available only when you are enrolled in the Program and The Empire Plan is your primary coverage. Precertification is required.

**Infertility Centers of Excellence** are a select group of participating providers contracted by UnitedHealthcare and recognized as leaders in reproductive medical technology and infertility procedures. Benefits are paid in full, subject to the lifetime maximum benefit of \$50,000. A travel allowance is available. Precertification is required.

For details on The Empire Plan Centers of Excellence Programs, see the *Empire Plan Certificate/Reports* and *Reporting On Centers of Excellence* available at <https://www.cs.ny.gov> or from your agency HBA.

## The Empire Plan

For employees of the State of New York who are in negotiating units that do not have agreements/awards with New York State effective 10/1/11 or later, their enrolled dependents and for COBRA and Young Adult Enrollees with their NYSHIP benefits

<b>Benefits</b>	<b>Network Hospital Benefits<sup>1</sup></b>	<b>Participating Provider</b>	<b>Nonparticipating Provider</b>
<b>Office Visits</b>		\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
<b>Specialty Office Visits</b>		\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
<b>Diagnostic/Therapeutic Services</b>			
Radiology	\$35 or \$40 per outpatient visit <sup>2</sup>	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
Lab Tests	\$35 or \$40 per outpatient visit <sup>2</sup>	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
Pathology	No copayment	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
EKG/EEG	\$35 or \$40 per outpatient visit <sup>2</sup>	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
Radiation, Chemotherapy, Dialysis	No copayment	No copayment	Basic Medical <sup>3</sup>
<b>Women's Health Care/OB GYN</b>			
Pap Tests	\$35 or \$40 per outpatient visit <sup>2</sup>	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
Mammograms	\$35 or \$40 per outpatient visit <sup>2</sup>	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
Pre and Postnatal Visits		No copayment	Basic Medical <sup>3</sup>
Bone Density Tests	\$35 or \$40 per outpatient visit <sup>2</sup>	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
<b>Family Planning Services</b>			
<b>Infertility Services</b>	\$35 or \$40 per outpatient visit <sup>2</sup>	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
<b>Contraceptive Drugs and Devices</b> (may also be covered under the Prescription Drug Program <sup>5</sup> subject to drug copayment)		\$18 or \$20 per visit <sup>2</sup> ; no copayment at designated Centers of Excellence <sup>4</sup> (\$50,000 lifetime allowance for Qualified Procedures)	Basic Medical <sup>3</sup>
<b>Inpatient Hospital Surgery</b>		\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
<b>Outpatient Surgery<sup>6</sup></b>			
	<b>Network Hospital:</b> No copayment; <b>Non-network Hospital/Nonparticipating Provider:</b> Hospital charges subject to 10% of billed charges up to coinsurance maximum. Nonparticipating Provider charges subject to Basic Medical		
	<b>Network Hospital/Participating Provider:</b> \$35 or \$60 per visit; <b>Network Hospital/Nonparticipating Provider:</b> Hospital charges \$35 or \$60 per visit. Nonparticipating Provider charges subject to Basic Medical; <b>Non-network Hospital/Nonparticipating Provider:</b> Hospital charges subject to 10% of billed charges or a \$75 copayment, whichever is greater, up to coinsurance maximum. Nonparticipating Provider charges subject to Basic Medical		

<b>Benefits</b>	<b>Network Hospital Benefits<sup>1</sup></b>	<b>Participating Provider</b>	<b>Nonparticipating Provider</b>
<b>Emergency Room<sup>7</sup></b>	\$60 or \$70 per visit <sup>2</sup>	No copayment	Basic Medical <sup>3,8</sup>
<b>Urgent Care</b>	\$35 or \$40 per outpatient visit <sup>2,9</sup>	\$18 or \$20 per visit <sup>2</sup>	Basic Medical <sup>3</sup>
<b>Ambulance</b>	No copayment <sup>10</sup>	\$35 per trip <sup>11</sup>	\$35 per trip <sup>11</sup>
<b>Mental Health Practitioner Services</b>		\$18 or \$20 per visit <sup>2</sup> (MHSA)	Applicable annual deductible, <sup>2</sup> 80% of reasonable and customary, after applicable coinsurance max, <sup>2</sup> 100% of reasonable and customary (See page 19 for details.)
<b>Approved Facility Mental Health Services</b>		No copayment; unlimited when medically necessary (MHSA)	90% of billed charges; after coinsurance max, covered in full (See page 19 for details.)
<b>Outpatient Drug/Alcohol Rehabilitation</b>		\$18 or \$20 per visit <sup>2</sup> to approved Structured Outpatient Rehabilitation Program; unlimited when medically necessary (MHSA)	Applicable annual deductible, <sup>2</sup> 80% of reasonable and customary; after applicable coinsurance max, <sup>2</sup> 100% of reasonable and customary (See page 19 for details.)
<b>Inpatient Drug/Alcohol Rehabilitation</b>		No copayment; unlimited when medically necessary (MHSA)	90% of billed charges; after coinsurance max, covered in full (See page 19 for details.)
<b>Durable Medical Equipment</b>		No copayment (HCAP)	50% of network allowance (See the <i>Empire Plan Certificate/Reports</i> .)

1 Services provided by Empire HealthChoice Assurance, Inc., a licensee of the BlueCross and BlueShield Association. Inpatient stays at network hospitals are paid in full. Provider charges are covered under the Medical Benefits Program. Non-network hospital coverage provided subject to coinsurance.

2 Copayments, annual deductibles, coinsurance maximums and/or some benefits vary depending on your group.

3 See pages 6 and 7 (Cost Sharing).

4 Preadmission certification required.

5 Coverage excludes contraceptive intrauterine devices (IUDs) that do not contain any FDA-approved hormone prescription drug products.

6 In outpatient surgical locations (Medical/Surgical Program), the copayment for the facility charge is \$15 or \$30 per visit or Basic Medical benefits apply depending upon the status of the center. (Check with the center or The Empire Plan carriers.)

7 Waived if admitted.

8 Attending emergency room physicians and providers who administer or interpret radiological exams, laboratory tests, electrocardiograms and/or pathology services are paid in full. Other providers covered subject to deductible.

9 At a hospital-owned urgent care facility only.

10 If service is provided by admitting hospital.

11 Ambulance transportation to the nearest hospital where emergency care can be performed is covered when the service is provided by a licensed ambulance service and the type of ambulance transportation is required because of an emergency situation.

## The Empire Plan, continued

<b>Benefits</b>	<b>Network Hospital Benefits<sup>1</sup></b>	<b>Participating Provider</b>	<b>Nonparticipating Provider</b>
<b>Prosthetics</b>		No copayment <sup>12</sup>	Basic Medical <sup>3,12</sup> \$1,500 lifetime maximum benefit for prosthetic wigs <sup>13</sup>
<b>Orthotic Devices</b>		No copayment <sup>12</sup>	Basic Medical <sup>3,12</sup>
<b>External Mastectomy Prostheses</b>			Covered in full benefit for one single or double prosthesis per calendar year under Basic Medical, not subject to deductible or coinsurance <sup>3,12</sup> (Precertification may be required.)
<b>Rehabilitative Care – Acute Care Facility</b>	No copayment when an inpatient; \$18 or \$20 for outpatient physical therapy following related surgery or hospitalization	Physical or occupational therapy \$18 or \$20 per visit <sup>2</sup> (MPN) <sup>2</sup>  Speech therapy \$18 or \$20 per visit <sup>2</sup>	\$250 annual deductible, 50% of network allowance  Basic Medical <sup>3</sup>
<b>Diabetic Supplies</b>		No copayment (HCAP)	50% of network allowance (See the <i>Empire Plan Certificate/Reports</i> .)
<b>Insulin and Oral Agents</b> (covered under the Prescription Drug Program subject to drug copayment)			
<b>Diabetic Shoes</b>		\$500 annual maximum benefit <sup>13</sup>	75% of network allowance up to an annual maximum benefit of \$500 (See the <i>Empire Plan Certificate/Reports</i> .) <sup>13</sup>
<b>Hospice</b>	No copayment, no limit		10% of billed charges up to coinsurance maximum
<b>Skilled Nursing Facility</b>	No copayment up to 365 benefit days <sup>4</sup>		
<b>Prescription Drugs</b> (see pages 20-21)			
Specialty Drugs (see page 21)			

<b>Benefits</b>	<b>Network Hospital Benefits<sup>1</sup></b>	<b>Participating Provider</b>	<b>Nonparticipating Provider</b>
<b>Additional Benefits</b>			
Dental (preventive)		Not covered	Not covered
Vision (routine only)		Not covered	Not covered
Hearing Aids		Up to \$1,500 per aid per ear every 4 years (every 2 years for children) if medically necessary	Up to \$1,500 per aid per ear every 4 years (every 2 years for children) if medically necessary
Out of Area Benefit		Under The Empire Plan, your benefits are the same wherever you receive care.	
24-hour NurseLine <sup>SM</sup> for health information and support at 1-877-7-NYSHIP (1-877-769-7447)			
Voluntary Disease Management Programs available for conditions such as asthma, attention deficit hyperactivity disorder (ADHD), cardiovascular disease, chronic kidney disease (CKD), chronic obstructive pulmonary disease, congestive heart failure, depression, diabetes and eating disorders			
Diabetes Education Centers available to enrollees who have a diagnosis of diabetes			

1 Services provided by Empire HealthChoice Assurance, Inc., a licensee of the BlueCross and BlueShield Association. Inpatient stays at network hospitals are paid in full. Provider charges are covered under the Medical Benefits Program. Non-network hospital coverage provided subject to coinsurance.

2 Copayments, annual deductibles, coinsurance maximums and/or some benefits vary depending on your group.

3 See pages 6 and 7 (Cost Sharing).

4 Preadmission certification required.

12 Benefit paid up to cost of device meeting individual's functional need.

13 Benefit does not apply to UUP employees in lifeguard titles.



Turning promise into practice®

Benefits	Enrollee Cost
<b>Office Visits</b>	\$20 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$20 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology	\$20 per visit
Lab Tests	No copayment
Pathology	\$20 per visit
EKG/EEG	\$20 per visit
Radiation	\$20 per visit
Chemotherapy	\$20 per visit
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms	No copayment
Prenatal Visits	No copayment
Postnatal Visits	\$20 for initial visit only <sup>1</sup>
Bone Density Tests	\$20 per visit
<b>Family Planning Services</b>	\$20 per visit
<b>Infertility Services</b>	\$20 per visit
<b>Contraceptive Drugs</b>	Applicable Rx copayment <sup>2</sup>
<b>Contraceptive Devices</b>	No copayment
<b>Inpatient Hospital Surgery</b>	No copayment
<b>Outpatient Surgery</b>	
Hospital	No copayment
Physician's Office	\$20 per visit
Outpatient Surgery Facility	No copayment
<b>Emergency Room</b>	\$50 per visit
waived if admitted	
<b>Urgent Care</b>	\$35 per visit
<b>Ambulance</b>	\$50 per trip

Benefits	Enrollee Cost
<b>Outpatient Mental Health</b>	
Individual, unlimited	\$20 per visit
Group, unlimited	\$20 per visit
<b>Inpatient Mental Health</b>	No copayment
unlimited	
<b>Outpatient Drug/Alcohol Rehab</b>	\$20 per visit
unlimited	
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment
unlimited	
<b>Durable Medical Equipment</b>	20% coinsurance
<b>Prosthetics</b>	No copayment
<b>Orthotics</b>	No copayment
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, unlimited	No copayment
Outpatient, max 60 consecutive days	\$20 per visit
<b>Diabetic Supplies</b>	\$20 per item
<b>Insulin and Oral Agents</b>	\$20 per item
<b>Diabetic Shoes</b>	No copayment
one pair per calendar year	
<b>Hospice, unlimited</b>	No copayment
<b>Skilled Nursing Facility, unlimited</b>	No copayment
<b>Prescription Drugs</b>	
Retail, 30-day supply	\$10 Tier 1/\$20 Tier 2/\$35 Tier 3
Mail Order, <sup>3</sup> 90-day supply	\$20 Tier 1/\$40 Tier 2/\$70 Tier 3
Coverage includes contraceptive drugs and devices, injectable and self-injectable medications, fertility drugs and enteral formulas.	

<sup>1</sup> One-time \$20 copayment for post natal visits (delivery, post-partum care).

<sup>2</sup> No copayment for generic and applicable Rx copayment for brand-name contraceptive drugs.

<sup>3</sup> Member communication materials will be mailed upon enrollment explaining the mail order process and how to submit a prescription.

## Specialty Drugs

Specialty drugs are obtained through Aetna Specialty Pharmacy, which is our preferred specialty pharmacy provider for Aetna Pharmacy Management members. Aetna Specialty Pharmacy is wholly owned and operated by Aetna Inc. As a full-service specialty pharmacy, we do not charge for delivery or dispensing fees for injectables. Specialty drugs dispensed through Aetna Specialty Pharmacy are subject to our retail and mail order pharmacy copayment/coinsurance amounts, coverage limits and exclusions.

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## Additional Benefits

<b>Dental</b> .....	Not covered
<b>Vision</b> , <sup>4</sup> routine only .....	No copayment <sup>5</sup>
<b>Hearing Aids</b> .....	Not covered
<b>Out of Area</b> .....	While traveling outside the service area, coverage is provided for emergency situations only.
<b>Eyeglasses</b> .....	Discount Program
<b>Home Health Care (HHC)</b> unlimited (by HHC agency) .....	No copayment
<b>Outpatient Home Health Care</b> <sup>6</sup> unlimited visits per 365-day period .....	No copayment
<b>Hospice Bereavement Counseling</b> ....	No copayment

## Plan Highlights for 2013

Aetna offers an array of quality benefits and a variety of special health programs for every stage of life; access to extensive provider and hospital networks in our multi-state service areas; emergency care covered worldwide; confidence in knowing that most of Aetna's mature HMOs have received the distinction of accreditation by the National Committee for Quality Assurance (NCQA).

## Participating Physicians

Services are provided by local participating physicians in their private offices throughout Aetna's service area. Participating physicians are not employees of Aetna.

## Affiliated Hospitals

Aetna members are covered at area hospitals to which their Aetna participating physician has admitting privileges. Aetna members may be directed to other hospitals to meet special needs.

## Pharmacies and Prescriptions

Aetna members have access to an extensive network of participating pharmacies in all 50 states, the District of Columbia, Puerto Rico and the Virgin Islands. Aetna offers an **incented formulary**. Please refer to our formulary guide at [www.aetna.com/formulary](http://www.aetna.com/formulary) for prescriptions that require prior approval.

## Medicare Coverage

Medicare-primary enrollees are required to enroll in Aetna's **Medicare Advantage Plan**, The Golden Medicare Plan.

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## NYSHIP Code Number 210

An IPA HMO serving individuals living or working in the following counties:

**In New York:** Bronx, Kings, Nassau, New York, Orange, Putnam, Queens, Richmond, Rockland, Suffolk, Sullivan, and Westchester

**In New Jersey:** All counties in New Jersey

## Aetna

99 Park Avenue  
New York, NY 10016

## For information:

**Customer Service Department:** 1-800-323-9930

**Medicare Advantage Customer Service:**  
1-800-282-5366

**For Preenrollment Medicare Information and a Medicare Packet:** 1-800-832-2640

**TTY:** 1-800-654-5984

**Web site:** [www.aetna.com](http://www.aetna.com)

<sup>4</sup> Includes refraction.

<sup>5</sup> Frequency and age schedules apply.

<sup>6</sup> Four hours of home health aid equals one home care visit.

Benefits	Enrollee Cost
<b>Office Visits</b>	\$25 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$40 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology	\$40 per visit
Lab Tests	\$25 per visit
Pathology	\$25 per visit
EKG/EEG	\$40 per visit
Radiation	\$25 per visit
Chemotherapy	\$25 for Rx injection and \$25 office copayment; max 2 copayments per day.
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment (routine); \$5 copayment (diagnostic)
Mammograms	No copayment (routine); \$5 copayment (diagnostic)
Prenatal Visits	No copayment
Postnatal Visits	No copayment
Bone Density Tests	No copayment (routine); \$5 copayment (diagnostic)
<b>Family Planning Services</b>	Applicable physician/facility copayment
<b>Infertility Services</b>	Applicable physician/facility copayment
<b>Contraceptive Drugs<sup>1</sup></b>	Applicable Rx copayment
<b>Contraceptive Devices<sup>1</sup></b>	Applicable copayment/coinsurance
<b>Inpatient Hospital Surgery</b>	
Physician	Lesser of \$200 copayment or 20% coinsurance
Facility	No copayment

Benefits	Enrollee Cost
<b>Outpatient Surgery</b>	
Hospital	\$50 per visit
Physician's Office	Lesser of \$50 copayment or 20% coinsurance
Physician	\$40 per visit
Facility	\$50 per visit
<b>Emergency Room</b>	\$100 per visit waived if admitted within 24 hours
<b>Urgent Care</b>	\$35 per visit
<b>Ambulance</b>	\$100 per trip
<b>Outpatient Mental Health</b>	
Individual, unlimited	\$40 per visit
Group, unlimited	\$40 per visit
<b>Inpatient Mental Health</b>	No copayment unlimited
<b>Outpatient Drug/Alcohol Rehab</b>	\$25 per visit unlimited
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment unlimited
<b>Durable Medical Equipment</b>	50% coinsurance
<b>Prosthetics</b>	50% coinsurance
<b>Orthotics</b>	50% coinsurance
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 60 days	No copayment
Outpatient, max 30 visits combined	\$40 per visit
<b>Diabetic Supplies</b>	\$25, up to a 30-day supply
<b>Insulin and Oral Agents</b>	\$25, up to a 30-day supply
<b>Diabetic Shoes</b>	50% coinsurance one pair per year, when medically necessary
<b>Hospice, max 210 days</b>	No copayment
<b>Skilled Nursing Facility</b>	No copayment max 45 days per admission, 360-day lifetime max

<sup>1</sup> Generic oral contraceptives and certain OTC contraceptive devices covered in full in accordance with the Affordable Care Act.

## Benefits

## Enrollee Cost

### Prescription Drugs

Retail, 30-day supply

\$10 Tier 1/\$30 Tier 2/\$50 Tier 3<sup>2</sup>

Mail Order, up to 90-day supply

\$20 Tier 1/\$60 Tier 2/\$100 Tier 3<sup>2</sup>

You can purchase a 90-day supply of a maintenance medication at a retail pharmacy for a \$30/\$90/\$150 copayment. You are limited to a 30-day supply for the first fill. Coverage includes fertility drugs, injectable and self-injectable medications and enteral formulas.

### Specialty Drugs

Designated specialty drugs are covered only at a network specialty pharmacy, subject to the same days supply and cost-sharing requirements as the retail benefit, and cannot be filled via mail order. A current list of specialty medications and pharmacies is available at [www.excellusbcb.com](http://www.excellusbcb.com).

### Additional Benefits

**Dental**<sup>3</sup> ..... \$40 per visit

**Vision**<sup>4</sup> ..... \$40 per visit

**Hearing Aids** .... Children to age 19: Covered in full for up to two hearing aids every three years

**Out of Area** ..... Our BlueCard and Away From Home Care Programs cover routine and urgent care while traveling, for students away at school, members on extended out-of-town business and for families living apart.

### Maternity

Physician's charge for delivery..... \$50 copayment

### Plan Highlights for 2013

We deliver high-quality coverage plus discounts on services that encourage you to keep a healthy lifestyle. Two copayments per 90-day supply for prescriptions through PrimeMail. Pay \$5 for each PCP visit for sick children to age 26.

## Participating Physicians

With over 3,200 providers available, Blue Choice offers you more choice of doctors than any other area HMO. Talk to your doctor about whether Blue Choice is the right plan for you.

## Affiliated Hospitals

All operating hospitals in the Blue Choice service area are available to you, plus some outside the service area. Please call the number provided for a directory, or visit [www.excellusbcb.com](http://www.excellusbcb.com).

## Pharmacies and Prescriptions

Fill prescriptions at any of our 60,000+ participating pharmacies nationwide. Simply show the pharmacist your ID card. Blue Choice offers an **incented formulary**. Call PrimeMail at 1-866-260-0487 for mail order prescriptions.

## Medicare Coverage

Medicare-primary NYSHIP enrollees must enroll in Medicare Blue Choice, our **Medicare Advantage Plan**. To qualify, you must be enrolled in Medicare Parts A and B and live in the service area. Some copayments will vary from the copayments of NYSHIP-primary enrollees. Please call the Medicare Blue Choice number below for details.

## NYSHIP Code Number 066

An Network HMO serving individuals living or working in the following counties in New York: Livingston, Monroe, Ontario, Seneca, Wayne, and Yates

## Blue Choice

165 Court Street  
Rochester, NY 14647

## For information:

**Blue Choice:** 585-454-4810 or 1-800-462-0108

**Medicare Blue Choice:** 1-877-883-9577

**TTY:** 1-877-398-2282

**Web site:** [www.excellusbcb.com](http://www.excellusbcb.com)

<sup>2</sup> If your doctor prescribes a brand-name drug when an FDA-approved generic equivalent is available, you pay the difference between the cost of the generic and the brand-name plus any applicable copayments.

<sup>3</sup> Coverage for accidental injury to sound and natural teeth and for care due to congenital disease or anomaly; routine care not covered.

<sup>4</sup> Coverage for exams to treat a disease or injury; routine care not covered.



Benefits	Enrollee Cost
<b>Office Visits</b>	\$10 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$15 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology	\$15 per visit
Lab Tests	No copayment <sup>1</sup>
Pathology	No copayment
EKG/EEG	\$15 per visit
Radiation	\$15 per visit
Chemotherapy	\$15 per visit
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms, routine only	No copayment
Prenatal Visits	\$10 for initial visit only <sup>2</sup>
Postnatal Visits	No copayment
Bone Density Tests	No copayment
<b>Family Planning Services<sup>3</sup></b>	\$15 per visit
<b>Infertility Services<sup>4</sup></b>	\$15 per visit
<b>Contraceptive Drugs<sup>5</sup></b>	Applicable Rx copayment
<b>Contraceptive Devices</b>	No copayment <sup>6</sup>
<b>Inpatient Hospital Surgery</b>	No copayment
<b>Outpatient Surgery</b>	
Hospital	\$20 per visit
Physician's Office	\$15 per visit
Outpatient Surgery Facility	\$20 per visit
<b>Emergency Room</b>	\$100 per visit
waived if admitted	

Benefits	Enrollee Cost
<b>Urgent Care</b>	\$25 per visit
<b>Ambulance</b>	\$100 per trip
<b>Outpatient Mental Health</b>	unlimited when medically necessary
Individual	\$15 per visit
Group	\$15 per visit
<b>Inpatient Mental Health</b>	No copayment
unlimited when medically necessary	
<b>Outpatient Drug/Alcohol Rehab</b>	\$15 per visit
unlimited when medically necessary	
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment
unlimited when medically necessary	
<b>Durable Medical Equipment</b>	20% coinsurance
<b>Prosthetics</b>	20% coinsurance
<b>Orthotics</b>	20% coinsurance
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 45 days	No copayment
Outpatient, max 20 visits <sup>7</sup>	\$15 per visit
<b>Diabetic Supplies</b>	\$10 per item
<b>Insulin and Oral Agents</b>	\$10 per item
<b>Diabetic Shoes</b>	Not covered
<b>Hospice, unlimited</b>	No copayment
<b>Skilled Nursing Facility</b>	No copayment
max 50 days	

<sup>1</sup> For services at a stand-alone Quest lab or outpatient hospital that participates as a Quest Diagnostics hospital draw site. Lab services performed in conjunction with outpatient surgery or an emergency room visit will also be paid in full.

<sup>2</sup> One-time \$10 copayment to confirm pregnancy. No copayment for inpatient maternity care or gestational diabetes screenings.

<sup>3</sup> Coverage is provided for diagnostic testing and procedures in conjunction with artificial insemination. The copayments, coinsurance and deductible under your Policy, which apply to hospital, medical or prescription drug benefits, are applicable to the benefits covered under family planning services.

<sup>4</sup> For services to diagnose and treat infertility. See "Additional Benefits" for artificial insemination.

<sup>5</sup> Coverage is provided for prescription drugs approved by the FDA for use in treatment associated with contraception.

<sup>6</sup> No copayment unless a generic-equivalent is available and you are subject to a \$15 (Tier 2) or \$35 (Tier 3) copayment. A mail-order supply costs 2.5 times the applicable copayment.

<sup>7</sup> Twenty visits in aggregate for Physical Therapy, Occupational Therapy and Speech Therapy.

**Benefits** **Enrollee Cost**

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**Prescription Drugs**

Retail, 30-day supply  
\$5 Tier 1/\$15 Tier 2/\$35 Tier 3  
Mail Order, 90-day supply  
\$12.50 Tier 1/\$37.50 Tier 2/\$87.50 Tier 3<sup>8</sup>  
Coverage includes prenatal vitamins, vitamins with fluoride, fertility drugs, injectable/self-injectable medications, enteral formulas, insulin and oral diabetic agents. Most injectables require prior approval. Members will receive materials explaining the mail order process upon enrollment.

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**Specialty Drugs** Available through mail order at the applicable copayment.

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**Additional Benefits**

**Dental**.....20% discount at select providers, free second annual exam

**Vision**.....VisionPLUS Program (details below)

**Hearing Aids** ..... Not covered

**Out of Area** ..... Worldwide coverage for emergency and urgent care through the BlueCard Program. Guest membership for routine care away from home that enables members on extended business trips or family members away at school to join a nearby Blue HMO for the same benefits.

**VisionPLUS Program** ..... Members are entitled to an eyecare program that includes a routine eye exam covered in full and discounts from participating VisionPLUS providers. Low copayments on frames, lenses and a discount on contact lenses and supplies.

**Artificial Insemination**.....20% coinsurance  
Other artificial means to induce pregnancy (in-vitro, embryo transfer, etc.) are not covered.

**Plan Highlights for 2013**

Members have access to wellness programs, providing innovative health management programs through online and community-based resources. Discounts are available on acupuncture, massage therapy, nutritional counseling, fitness centers and spas.

**Participating Physicians**

Over 3,000 physicians and healthcare professionals in our network who see patients in their private offices throughout our service area.

**Affiliated Hospitals**

BlueCross BlueShield contracts with all Western New York hospitals. Members may be directed to other hospitals to meet special needs when medically necessary.

**Pharmacies and Prescriptions**

Members may obtain prescriptions from a nationwide network of nearly 45,000 participating pharmacies. Prescriptions are filled for up to a 30-day supply (including insulin). We offer an **incented formulary**.

**Medicare Coverage**

Medicare-primary NYSHIP enrollees are required to enroll in Senior Blue HMO, a **Medicare Advantage Plan**. To qualify, you must be enrolled in Medicare Parts A and B and live in one of the counties listed below.

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**NYSHIP Code Number 067**

An IPA HMO serving individuals living or working in the following counties in New York: Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans, and Wyoming

**BlueCross BlueShield of Western New York**

The HMO of BlueCross BlueShield of Western New York  
P.O. Box 80  
Buffalo, NY 14240-0080

**For information:**

**Buffalo:** 716-887-8840 or 1-877-576-6440

**Olean:** 716-376-6000 or 1-800-887-8130

**Jamestown:** 716-484-1188 or 1-800-944-2880

**TTY:** 1-888-249-2583

**Web site:** www.bcbswny.com

<sup>8</sup> Two and a half copayments



Benefits	Enrollee Cost
<b>Office Visits</b>	\$20 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$20 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology	\$20 per visit <sup>1</sup>
Lab Tests	\$20 per visit <sup>2</sup>
Pathology	\$20 per visit <sup>2</sup>
EKG/EEG	\$20 per visit
Radiation	\$20 per visit
Chemotherapy	\$20 per visit
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms	No copayment
Prenatal Visits	\$20 for initial visit only <sup>3</sup>
Postnatal Visits	No copayment
Bone Density Tests	\$20 per visit
<b>Family Planning Services</b>	\$20 per visit
<b>Infertility Services</b>	\$20 per visit
<b>Contraceptive Drugs<sup>4</sup></b>	No copayment
<b>Contraceptive Devices<sup>4</sup></b>	No copayment
<b>Inpatient Hospital Surgery</b>	No copayment
<b>Outpatient Surgery</b>	
Hospital	\$75 per visit
Physician's Office	\$20 per visit
Outpatient Surgery Facility	\$75 per visit
<b>Emergency Room</b>	\$50 per visit
waived if admitted within 24 hours	
<b>Urgent Care</b>	\$25 per visit
<b>Ambulance</b>	\$50 per trip

Benefits	Enrollee Cost
<b>Outpatient Mental Health</b>	
Individual, unlimited	\$20 per visit
Group, unlimited	\$20 per visit
<b>Inpatient Mental Health</b>	No copayment
unlimited	
<b>Outpatient Drug/Alcohol Rehab</b>	\$20 per visit
unlimited	
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment
unlimited	
<b>Durable Medical Equipment</b>	50% coinsurance
<b>Prosthetics</b>	50% coinsurance
<b>Orthotics<sup>5</sup></b>	50% coinsurance
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 60 days	No copayment
Outpatient Short-term Physical and Occupational Therapy, max 30 visits each/calendar year	\$20 per visit
Outpatient Short-term Speech Therapy, max 20 visits/calendar year	\$20 per visit
<b>Diabetic Supplies</b>	
Retail, 30-day supply	\$15 per item
Mail order, 90-day supply	Two and a half copayments
<b>Insulin and Oral Agents</b>	
Retail, 30-day supply	\$15 per item
Mail order, 90-day supply	Two and a half copayments
<b>Diabetic Shoes</b>	\$15 per pair
one pair per year, when medically necessary	
<b>Hospice, max 210 days</b>	No copayment
<b>Skilled Nursing Facility</b>	No copayment
max 45 days	

<sup>1</sup> Waived if provider is a preferred center.

<sup>2</sup> Waived if provider is a designated laboratory.

<sup>3</sup> One-time \$20 copayment to confirm pregnancy.

<sup>4</sup> OTC contraceptives with a written physician order/prescription will be reimbursed at no member cost share. OTC contraceptives without a prescription will not be covered. Non-formulary contraceptives require prior authorization to be covered at no copayment. If not approved, 100% member liability applies.

<sup>5</sup> Excludes shoe inserts.

## Benefits

## Enrollee Cost

### Prescription Drugs

Retail, 30-day supply  
\$5 Tier 1/\$30 Tier 2/\$50 Tier 3  
Mail Order, 90-day supply Two and a half copayments

Coverage includes injectable and self-injectable medications, fertility drugs and enteral formulas. OTC formulary drugs are subject to Tier 1 copayment. By law, generics match brand-name strength, purity and stability. Ask your doctor about generic alternatives.

### Specialty Drugs

Certain specialty drugs, regardless of tier, require prior approval, are subject to clinical management programs and must be filled by a network specialty pharmacy. Contact Caremark Specialty Pharmacy Services at 1-800-237-2767. A representative will work with your doctor and arrange delivery. For more information, visit Rx Corner at [www.cdphp.com](http://www.cdphp.com).

### Additional Benefits

**Dental**..... Not covered  
**Vision**..... Not covered  
**Hearing Aids** ..... Not covered  
**Out of Area** ..... Coverage for emergency care out of area. College students are also covered for preapproved follow-up care.  
**Allergy Injections** ..... No copayment  
**Diabetes Self-management**  
**Education** ..... \$15 per visit  
**Glucometer** .....\$15 per item

### Plan Highlights for 2013

CDPHP covers emergency care worldwide. CDPHP InMotion<sub>SM</sub> is a free mobile smartphone fitness application with GPS technology to map your runs. View or share results at [inmotion.cdphp.com](http://inmotion.cdphp.com). With Rx for Less, get deep discounts on specified generic prescriptions filled at any CVS, Walmart, or Price Chopper. Dedicated member services reps are available weekdays from 8 a.m. to 8 p.m. We also have health experts who can find the best program or service for you. Simply call 1-888-94-CDPHP.

### Participating Physicians

CDPHP has nearly 10,000 participating practitioners and providers.

## Affiliated Hospitals

CDPHP is affiliated with most major hospitals in our service area. An out-of-network facility or Center of Excellence can be approved for special care needs.

## Pharmacies and Prescriptions

CDPHP offers an **incented formulary** with few excluded drugs. Find participating pharmacies nationwide. Log in to Rx Corner at [www.cdphp.com](http://www.cdphp.com) to view claims. Mail order saves money; find forms online or call 518-641-3700 or 1-800-777-2273. Some drugs require prior approval, and a few specialty drugs require clinical management programs and must be filled by a network specialty pharmacy.

## Medicare Coverage

Medicare-primary NYSHIP enrollees must enroll in the CDPHP Group Medicare Choice plan. You must have Medicare Parts A and B and live or work in the counties listed below to qualify.

### NYSHIP Code Number 063

An IPA HMO serving individuals living or working in the following counties in New York: Albany, Columbia, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington

### NYSHIP Code Number 300

An IPA HMO serving individuals living or working in the following counties in New York: Broome, Chenango, Delaware, Essex, Hamilton, Herkimer, Madison, Oneida, Otsego, and Tioga

### NYSHIP Code Number 310

An IPA HMO serving individuals living or working in the following counties in New York: Dutchess, Orange, and Ulster

### Capital District Physicians' Health Plan, Inc. (CDPHP)

500 Patroon Creek Boulevard  
Albany, NY 12206-1057

### For information:

**Member Services:** 518-641-3700 or 1-800-777-2273

**TTY:** 1-877-261-1164

**Web site:** [www.cdphp.com](http://www.cdphp.com)



Benefits	Enrollee Cost
<b>Office Visits</b>	\$20 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$20 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology <sup>1</sup>	\$20 per visit
Lab Tests	No copayment
Pathology	No copayment
EKG/EEG	No copayment
Radiation	No copayment
Chemotherapy	No copayment
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms	No copayment
Prenatal Visits	No copayment
Postnatal Visits	No copayment
Bone Density Tests	No copayment
<b>Family Planning Services</b>	\$20 per visit
<b>Infertility Services</b>	\$20 per visit
<b>Contraceptive Drugs<sup>2</sup></b>	Applicable Rx copayment
<b>Contraceptive Devices</b>	No copayment
<b>Inpatient Hospital Surgery<sup>3</sup></b>	No copayment
<b>Outpatient Surgery</b>	
Hospital	\$75 per visit
Physician's Office	\$20 per visit
Outpatient Surgery Facility <sup>3</sup>	\$75 per visit
<b>Emergency Room</b>	\$75 per visit
waived if admitted within 24 hours	
<b>Urgent Care</b>	\$20 per visit

Benefits	Enrollee Cost
<b>Ambulance</b>	No copayment
<b>Outpatient Mental Health<sup>3</sup></b>	
Individual, unlimited	\$10 per visit <sup>4</sup>
Group, unlimited	\$10 per visit <sup>4</sup>
<b>Inpatient Mental Health<sup>3</sup></b>	
unlimited	No copayment
<b>Outpatient Drug/Alcohol Rehab<sup>3</sup></b>	No copayment
<b>Inpatient Drug/Alcohol Rehab<sup>3</sup></b>	No copayment as many days as medically necessary
<b>Durable Medical Equipment<sup>3</sup></b>	20% coinsurance
<b>Prosthetics<sup>3</sup></b>	20% coinsurance
<b>Orthotics<sup>3</sup></b>	20% coinsurance
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 30 days	No copayment
Outpatient Physical Therapy, up to 30 visits per calendar year combined between home, office or outpatient facility	
Home or Office	\$20 per visit
Outpatient Facility	\$20 per visit
Outpatient Speech/Language, Occupational and Vision Therapy, up to 30 visits per calendar year combined between home, office or outpatient facility	
Home or Office	\$20 per visit
Outpatient Facility	\$20 per visit
<b>Diabetic Supplies<sup>5</sup></b>	\$20 per item
<b>Insulin and Oral Agents<sup>5</sup></b>	\$20 per item
<b>Diabetic Shoes<sup>5</sup></b>	\$20 per pair
unlimited pairs, when medically necessary	

<sup>1</sup> For MRI/MRA, CAT, PET and nuclear cardiology services, Empire's network provider must precertify in-network services, or services may be denied; Empire network providers cannot bill members beyond in-network copayment (if applicable) for covered services.

<sup>2</sup> Certain prescription contraceptives are covered in full in accordance with the Affordable Care Act. To be covered in full, the prescription must be a generic drug or a brand-name drug with no generic equivalent and filled at a network pharmacy.

<sup>3</sup> Empire's network provider must precertify in-network services, or services may be denied; Empire network providers cannot bill members beyond in-network copayment (if applicable) for covered services. For ambulatory surgery, preapproval is required for cosmetic/reconstructive procedures, outpatient transplants and ophthalmological or eye-related procedures.

<sup>4</sup> No copayment for visits at an outpatient mental health facility.

<sup>5</sup> For diabetic DME/supplies, copayment applies for up to 52 combined items annually, then covered at 100%.

<b>Benefits</b>	<b>Enrollee Cost</b>
<b>Hospice</b> , max 210 days	No copayment
<b>Skilled Nursing Facility</b> <sup>3</sup> max 60 days	No copayment
<b>Prescription Drugs</b>	
Retail, 30-day supply	\$10 Tier 1/\$25 Tier 2/\$50 Tier 3
Mail Order, 90-day supply	\$20 Tier 1/\$50 Tier 2/\$100 Tier 3

**Specialty Drugs**  
Specialty medications are only dispensed in 30-day supplies. Enrollees are required to pay the applicable copayment for each 30-day supply.

**Additional Benefits**

**Dental**..... Not covered  
**Vision**..... Not covered  
**Hearing Aids** ..... Not covered  
**Out of Area** ..... Coverage for travel outside the service area may be available. The **Guest Membership Program** offers temporary coverage through the local BlueCross and/or BlueShield HMO plan for contract holders who are away from home for more than 90 days but less than 180 days, and for full-time students and other eligible dependents who are away from home for more than 90 days. The **BlueCard Program** covers enrollees traveling outside of the service area who may encounter an urgent or emergent situation and are not enrolled in the Guest Membership Program.

**Plan Highlights for 2013**  
 Empire BlueCross BlueShield HMO provides a full range of benefits that include low out-of-pocket costs. Log in to [www.empireblue.com](http://www.empireblue.com) to view your claims and payment status, email messages, your personal profile and provider information. We earned the highest level of accreditation (Excellent) from the National Committee for Quality Assurance (NCQA).

**Participating Physicians**  
 Our network contains over 65,000 provider locations.

**Affiliated Hospitals**  
 Members are covered through a comprehensive network of area hospitals (over 140) to which their participating physician has admitting privileges. HMO members may be directed to other hospitals to meet special needs. Our provider directory and web site contain a list of all participating hospitals.

**Pharmacies and Prescriptions**  
 Enrollees with prescription coverage can use local and national pharmacies. Members who use our mail service pay only two copayments for each 90-day supply of medication. Coverage includes contraceptive drugs and devices, injectable and self-injectable drugs, fertility drugs and enteral formulas. Empire BlueCross BlueShield HMO offers an **incented formulary**.

**Medicare Coverage**  
 Medicare-primary enrollees are required to enroll in MediBlue, the Empire BlueCross BlueShield **Medicare Advantage Plan**. To qualify you must be enrolled in Medicare Parts A and B and live in one of the counties listed below.

**NYSHIP Code Number 280**  
 An IPA HMO serving individuals living or working in the following counties in New York: Albany, Clinton, Columbia, Delaware, Essex, Fulton, Greene, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington

**NYSHIP Code Number 290**  
 An IPA HMO serving individuals living or working in the following counties in New York: Bronx, Kings, Nassau, New York, Queens, Richmond, Rockland, Suffolk, and Westchester

**NYSHIP Code Number 320**  
 An IPA HMO serving individuals living or working in the following counties in New York: Dutchess, Orange, Putnam, Sullivan, and Ulster

**Empire BlueCross BlueShield HMO**  
 11 Corporate Woods Boulevard  
 P.O. Box 11800  
 Albany, NY 12211-0800

**For information:**  
**Empire BlueCross BlueShield HMO:**  
 1-800-453-0113  
**For Medicare Advantage Plan**  
**Preenrollment Information:** 1-800-205-6551  
**TTY:** 1-800-241-6894  
**Web site:** [www.empireblue.com](http://www.empireblue.com)



Benefits	Enrollee Cost
<b>Office Visits</b>	\$20 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits<sup>1</sup></b>	\$20 per visit
<b>Diagnostic/Therapeutic Services<sup>2</sup></b>	
Radiology	\$20 per visit <sup>2</sup>
Lab Tests	No copayment <sup>2</sup>
Pathology	No copayment <sup>2</sup>
EKG/EEG	No copayment <sup>2</sup>
Radiation	No copayment <sup>2</sup>
Chemotherapy	No copayment <sup>2</sup>
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms	No copayment
Prenatal Visits	No copayment
Postnatal Visits	No copayment
Bone Density Tests	No copayment
<b>Family Planning Services</b>	\$20 per visit
<b>Infertility Services</b>	\$20 per visit
<b>Contraceptive Drugs<sup>3</sup></b>	No copayment
<b>Contraceptive Devices<sup>3</sup></b>	No copayment
<b>Inpatient Hospital Surgery</b>	No copayment
<b>Outpatient Surgery</b>	
Hospital	No copayment
Physician's Office	\$20 per visit
Outpatient Surgery Facility	\$75 per visit
<b>Emergency Room</b>	\$50 per visit <sup>2</sup>
<b>Urgent Care</b>	\$35 per visit <sup>2</sup>
<b>Ambulance<sup>4</sup></b>	\$50 per trip <sup>2</sup>
<b>Outpatient Mental Health</b>	
Individual, unlimited	\$20 per visit <sup>2</sup>
Group, unlimited	\$20 per visit <sup>2</sup>

Benefits	Enrollee Cost
<b>Inpatient Mental Health</b>	No copayment
unlimited	
<b>Outpatient Drug/Alcohol Rehab</b>	\$20 per visit <sup>2</sup>
unlimited	
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment
unlimited	
<b>Durable Medical Equipment</b>	20% coinsurance
<b>Prosthetics</b>	20% coinsurance
<b>Orthotics</b>	20% coinsurance
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 60 days	No copayment
Outpatient, max 30 visits combined	\$20 per visit <sup>2</sup>
<b>Diabetic Supplies</b> 30-day supply	\$20 per item <sup>2</sup>
<b>Insulin and Oral Agents</b>	
Retail, 30-day supply	\$20 per item
Mail order, 90-day supply	\$40 per item
<b>Diabetic Shoes</b>	20% coinsurance
unlimited pairs when medically necessary	
<b>Hospice</b> , max 210 days	No copayment
<b>Skilled Nursing Facility</b>	No copayment
max 120 days per year	
<b>Prescription Drugs</b>	
Retail, 30-day supply	\$10 Tier 1/\$20 Tier 2/\$30 Tier 3
Mail Order, 90-day supply	\$20 Tier 1/\$40 Tier 2/\$50 Tier 3
Subject to drug formulary, coverage includes fertility drugs, injectable and self-injectable medications and enteral formulas.	

<sup>1</sup> No Primary Care Physician (PCP) referral is required for GHI HMO participating providers.

<sup>2</sup> Applies to all covered dependents.

<sup>3</sup> Covered for FDA-approved contraceptive drugs and devices only.

<sup>4</sup> Air ambulance coverage is excluded.

## Specialty Drugs

Specialty drugs are defined as injectable and non-injectable drugs that require frequent dosing amounts, intensive clinical monitoring or specialized product handling. Members are required to pay the copayment for each 30-day supply of specialty medication. No mail order benefit is available.

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## Additional Benefits

**Dental**..... Not covered

**Vision**, routine ..... \$20 per exam per year

**Hearing Aids** ..... Not covered

**Out of Area** ..... If you are out of the GHI HMO service area and experience a medical emergency, go to the nearest emergency facility. For non-emergency care, your PCP or the on-call physician must authorize your care as appropriate. If you cannot reach your PCP, call GHI HMO Customer Service at 1-877-2GHI-HMO (1-877-244-4466) 24 hours a day, seven days a week.

## Plan Highlights for 2013

No referrals are required. GHI HMO's provider network is available in 28 counties in NYS. GHI HMO's primary goal is to provide medical coverage that gives members confidence that they and their families are well covered. GHI is committed to providing individuals, families and businesses with access to affordable, quality healthcare, with outstanding customer service.

## Participating Physicians

Services are provided by participating physicians in their private offices. GHI HMO has over 21,000 member physicians and health care professionals. Please note: To enroll in GHI, NYSHIP members must live or work in one of the 15 NYSHIP-approved counties; however, once enrolled, they may use providers throughout GHI's 28-county service area.

## Affiliated Hospitals

Members are covered at area hospitals to which their GHI HMO physician has admitting privileges. Members may be directed to other hospitals based on medical necessity when prior approval is obtained and the care is deemed appropriate by a GHI HMO Medical Director.

## Pharmacies and Prescriptions

GHI HMO offers an **incented formulary**. Tier 1 includes generic drugs, Tier 2 includes preferred brand-name drugs and Tier 3 includes non-preferred brand-name drugs. If a brand-name drug is selected or prescribed and there is a generic equivalent available, the member pays the brand copayment and the difference in the price between generic and brand-name drug. All maintenance medication is obtained through the mail order program. For a complete list of prescriptions covered under our formulary, or for a list of prescriptions that require prior approval, go to [www.emblemhealth.com](http://www.emblemhealth.com) and click on Pharmacy Plan under Our Plans. For information regarding mail order drug benefits, or to set up your mail order account, contact Express Scripts at 1-877-866-5798.

## Medicare Coverage

GHI HMO offers the same benefits to Medicare-eligible NYSHIP enrollees. GHI HMO **coordinates coverage** with Medicare.

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## NYSHIP Code Number 220

An IPA HMO serving individuals living or working in the following counties in New York: Albany, Columbia, Delaware, Greene, Rensselaer, Saratoga, Schenectady, Warren, and Washington

## NYSHIP Code Number 350

An IPA HMO serving individuals living or working in the following counties in New York: Dutchess, Orange, Putnam, Rockland, Sullivan, and Ulster

## EmblemHealth

55 Water Street  
New York, NY 10041  
or

## EmblemHealth

P.O. Box 2844  
New York, NY 10016

## For information:

**Kingston:** 1-877-244-4466

**TTY:** 1-888-447-4833

**Web site:** [www.emblemhealth.com](http://www.emblemhealth.com)



**HEALTH PLAN OF NEW YORK**  
an EmblemHealth Company

<b>Benefits</b>	<b>Enrollee Cost</b>
<b>Office Visits</b>	\$5 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$5 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology	No copayment
Lab Tests	No copayment
Pathology	No copayment
EKG/EEG	No copayment
Radiation	No copayment <sup>1</sup>
Chemotherapy	\$5 per visit
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms	No copayment
Prenatal Visits	No copayment
Postnatal Visits	No copayment
Bone Density Tests	No copayment
<b>Family Planning Services</b>	\$5 per visit
<b>Infertility Services<sup>2</sup></b>	\$5 per visit
<b>Contraceptive Drugs<sup>3</sup></b>	No copayment
<b>Contraceptive Devices<sup>3</sup></b>	No copayment
<b>Inpatient Hospital Surgery</b>	No copayment
<b>Outpatient Surgery</b>	
Hospital	No copayment
Physician's Office	No copayment
Outpatient Surgery Facility	No copayment
<b>Emergency Room</b>	\$60 per visit
waived if admitted	
<b>Urgent Care</b>	\$5 per visit
<b>Ambulance</b>	No copayment
<b>Outpatient Mental Health</b>	
Individual, unlimited	No copayment
Group, unlimited	No copayment

<b>Benefits</b>	<b>Enrollee Cost</b>
<b>Inpatient Mental Health</b>	No copayment
unlimited	
<b>Outpatient Drug/Alcohol Rehab</b>	\$5 per visit
unlimited	
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment
unlimited	
<b>Durable Medical Equipment</b>	No copayment
<b>Prosthetics</b>	No copayment
<b>Orthotics</b>	No copayment
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 30 days	No copayment
Outpatient, max 90 visits combined	\$5 per visit
<b>Diabetic Supplies</b>	\$5 per 30-day supply
<b>Insulin and Oral Agents</b>	\$5 per 30-day supply
<b>Diabetic Shoes<sup>4</sup></b>	No copayment
when medically necessary	
<b>Hospice, max 210 days</b>	No copayment
<b>Skilled Nursing Facility, unlimited</b>	No copayment
<b>Prescription Drugs</b>	
Retail, 30-day supply	\$5 Tier 1/\$15 Tier 2
Mail Order, 90-day supply	\$7.50 Tier 1/\$22.50 Tier 2
Subject to drug formulary, coverage includes fertility drugs, injectable and self-injectable medications and enteral formulas. Copayments are reduced by 50 percent when utilizing the EmblemHealth mail order service. Up to a 90-day supply of generic or brand-name drugs may be obtained.	

<sup>1</sup> Inpatient and outpatient visits.

<sup>2</sup> For services received in a physician's office. Other copays may apply.

<sup>3</sup> Covered for FDA-approved contraceptive drugs and devices only.

<sup>4</sup> Precertification must be obtained from the participating vendor prior to purchase.

## Specialty Drugs

Coverage is provided through the EmblemHealth Specialty Pharmacy Program and includes injectables and oral agents that are more complex to administer, monitor and store in comparison to traditional drugs. Specialty drugs may require prior approval, which can be obtained by the HIP prescribing physician, and are subject to the applicable Rx copayment and Rx formulary.

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## Additional Benefits

<b>Dental</b> .....	Not covered
<b>Vision</b> , routine only .....	No copayment
<b>Hearing Aids</b> .....	Cochlear implants only
<b>Out of Area</b> .....	Members are covered for emergency care both in and outside the HMO service area, as well as with participating providers and nonparticipating providers.
<b>Eyeglasses</b> .....	\$45 per pair; one pair every 24 months from selected frames
<b>Laser Vision Correction (LASIK)</b> .....	Discount Program
<b>Fitness Program</b> .....	Discount Program
<b>Alternative Medicine Program</b> ...	Discount Program
<b>Artificial Insemination</b> .....	\$5 per visit
<b>Prostate Cancer Screening</b> .....	No copayment
<b>Dialysis Treatment</b> .....	\$10 per visit

## Plan Highlights for 2013

The HIP Prime network has expanded to over 29,000 providers in more than 61,000 locations. Plus, EmblemHealth offers more than 60 years of experience caring for union members and has the support of the New York State Central Labor Council. Our web site, emblemhealth.com, is available in English, Spanish, Chinese and Korean.

## Participating Physicians

The HIP Prime network offers the diversified choice of a traditional network of independent physicians who see patients in their own offices as well as providers in physician group practices that offer most, if not all of a member's medical needs under one roof. Group practices offer services in most major specialties such as cardiology, ophthalmology and orthopedics, as well as ancillary services like lab tests, X-rays and pharmacy services.

## Affiliated Hospitals

HIP Prime members have access to over 100 of the area's leading hospitals, including major teaching institutions.

## Pharmacies and Prescriptions

Filling a prescription is easy with EmblemHealth's network of over 40,000 participating pharmacies nationwide, including over 4,700 participating pharmacies throughout New York State. HIP Prime members have access to a mail order program through Express Scripts. The HIP Prime Plan offers a **closed formulary**. Tier 1 includes generic drugs and Tier 2 includes brand-name drugs.

## Medicare Coverage

EmblemHealth offers two plans to NYSHIP retirees. Retirees who are not Medicare-eligible are offered the same coverage as active employees. Medicare-primary retirees are required to enroll in the VIP Premier (HMO) Medicare Plan, a **Medicare Advantage Plan** that provides Medicare benefits and more.

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## NYSHIP Code Number 050

An Network HMO serving individuals living or working in the following counties in New York: Bronx, Kings, Nassau, New York, Queens, Richmond, Suffolk, and Westchester

## EmblemHealth

55 Water Street  
New York, NY 10041

## For information:

**Customer Service:** 1-877-861-0175

**TTY:** 1-888-447-4833

**Web site:** www.emblemhealth.com



A product of Excellus BlueCross BlueShield

An Independent Licensee of the BlueCross BlueShield Association

Benefits	Enrollee Cost
<b>Office Visits</b>	\$25 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$40 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology	\$40 per visit
Lab Tests	\$25 per visit
Pathology	\$25 per visit
EKG/EEG	\$40 per visit
Radiation	\$25 per visit
Chemotherapy	\$25 per visit
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms	No copayment
Prenatal Visits	No copayment
Postnatal Visits	No copayment
Bone Density Tests	\$25 per visit
<b>Family Planning Services</b>	\$25 per PCP visit/ \$40 per Specialist visit
<b>Infertility Services</b>	Applicable physician/ facility copayment
<b>Contraceptive Drugs<sup>1</sup></b>	Applicable Rx copayment
<b>Contraceptive Devices<sup>1</sup></b>	Applicable copayment/ coinsurance
<b>Inpatient Hospital Surgery</b>	Lesser of \$200 copayment or 20% coinsurance
<b>Outpatient Surgery</b>	
Hospital	\$40 per visit
Physician's Office	Lesser of \$50 copayment or 20% coinsurance
Outpatient Surgery Facility	\$50 per visit
<b>Emergency Room</b>	\$100 per visit waived if admitted
<b>Urgent Care</b>	\$35 per visit
<b>Ambulance</b>	\$100 per trip

Benefits	Enrollee Cost
<b>Outpatient Mental Health</b>	
Individual, unlimited	\$40 per visit
Group, unlimited	\$40 per visit
<b>Inpatient Mental Health</b>	No copayment unlimited
<b>Outpatient Drug/Alcohol Rehab</b>	\$25 per visit unlimited
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment unlimited
<b>Durable Medical Equipment</b>	50% coinsurance
<b>Prosthetics</b>	50% coinsurance
<b>Orthotics</b>	50% coinsurance
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 60 days	No copayment
Outpatient Physical, Speech and Occupational Therapy max 30 visits combined	\$40 per visit
<b>Diabetic Supplies, 30-day supply</b>	\$25 per item
<b>Insulin and Oral Agents</b>	\$25 per item 30-day supply
<b>Diabetic Shoes</b>	50% coinsurance three pairs per year, when medically necessary
<b>Hospice, max 210 days</b>	No copayment
<b>Skilled Nursing Facility</b>	No copayment max 45 days per admission
<b>Prescription Drugs</b>	
Retail, 30-day supply	\$10 Tier 1/\$30 Tier 2/\$50 Tier 3 <sup>2</sup>
Mail Order, 90-day supply	\$20 Tier 1/\$60 Tier 2/\$100 Tier 3 <sup>2</sup>
Coverage includes injectable and self-injectable medications, fertility drugs and enteral formulas.	

<sup>1</sup> Generic oral contraceptives and certain OTC contraceptive devices covered in full in accordance with the Affordable Care Act.

<sup>2</sup> Should a doctor select a brand-name drug (Tier 2 or Tier 3) when an FDA-approved generic equivalent is available, the benefit will be based on the generic drug's cost, and the member will have to pay the difference, plus any applicable copayments. If your prescription has no approved generic available, your benefit will not be affected.

## Specialty Drugs

Specialty medications after the initial first fill must be purchased from one of our participating specialty pharmacies. A current list of specialty medications and pharmacies is available on our web site.

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## Additional Benefits

**Dental**..... Not covered

**Vision**..... \$40 per visit for eye exams associated with disease or injury

**Hearing Aids** ..... Children to age 19: Covered in full for up to two hearing aids every three years, \$40 copay per visit for fittings

**Out of Area** .....The BlueCard and Away From Home Care Programs provide routine and urgent care coverage while traveling, for students away at college, members on extended out-of-town business and families living apart.

**Hearing Exam**..... \$40 per visit for routine (once every 12 months) and diagnostic

**Maternity**  
Physician charge for delivery..... Lesser of \$200 copayment or 20% coinsurance

**Smoking Cessation**  
Over the Counter (OTC) ..... Not covered  
Prescriptions ..... Contact us for details  
Counseling..... Contact us for details

## Plan Highlights for 2013

- No referrals required.
- Customer Service: Mon–Thurs: 7 a.m.–7 p.m., Fri: 9 a.m.–7 p.m., Sat: 9 a.m.–1 p.m.
- Routine preventive services, such as adult physicals, mammograms, pap smears, prostate screenings and routine adult immunizations are covered in full.
- Blue365 offers access to discounts and savings on products and services for healthy lifestyles.
- Our web site makes it easy to do business with us when it is convenient for you, 24 hours a day, seven days a week.

## Participating Physicians

HMOBlue is affiliated with more than 4,700 physicians and health care professionals.

## Affiliated Hospitals

All hospitals within our designated service area participate with HMOBlue. Members may be directed to other hospitals to meet special needs when medically necessary.

## Pharmacies and Prescriptions

HMOBlue members may purchase prescription drugs of over 60,000 participating FLRx Network pharmacies nationwide. We offer an **incented formulary**.

## Medicare Coverage

HMOBlue offers the same benefits to Medicare-eligible NYSHIP enrollees. HMOBlue **coordinates coverage** with Medicare.

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## NYSHIP Code Number 072

An IPA HMO serving individuals living or working in the following counties in New York: Broome, Cayuga, Chemung, Cortland, Onondaga, Oswego, Schuyler, Steuben, Tioga, and Tompkins

## NYSHIP Code Number 160

An IPA HMO serving individuals living or working in the following counties in New York: Chenango, Clinton, Delaware, Essex, Franklin, Fulton, Herkimer, Jefferson, Lewis, Madison, Montgomery, Oneida, Otsego, and St. Lawrence

## Excellus BlueCross BlueShield

HMOBlue 072  
333 Butternut Drive  
Syracuse, NY 13214-1803  
or

## Excellus BlueCross BlueShield

HMOBlue 160  
12 Rhoads Drive  
Utica, NY 13502

## For information:

**HMOBlue 072 Customer Service:** 1-800-447-6269

**HMOBlue 160 Customer Service:** 1-800-722-7884

**TTY:** 1-877-398-2275

**Web site:** [www.excellusbcbs.com](http://www.excellusbcbs.com)



Benefits	Enrollee Cost
<b>Office Visits</b>	\$20 per visit
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$20 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology <sup>1</sup>	\$20 per visit
Lab Tests	\$20 per visit
Pathology	\$20 per visit
EKG/EEG	\$20 per visit
Radiation	\$20 per visit
Chemotherapy	\$20 per visit
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms	No copayment
Prenatal Visits	No copayment
Postnatal Visits	No copayment
Bone Density Tests	No copayment
<b>Family Planning Services</b>	\$20 per visit
<b>Infertility Services</b>	
Physician's office	\$20 per visit
Outpatient surgery facility	\$75 per visit
<b>Contraceptive Drugs</b>	Applicable Rx copayment <sup>2</sup>
<b>Contraceptive Devices</b>	Applicable Rx copayment <sup>2</sup>
<b>Inpatient Hospital Surgery</b>	No copayment
<b>Outpatient Surgery</b>	
Hospital	\$75 per visit
Physician's Office	\$20 per visit
Outpatient Surgery Facility	\$75 per visit
<b>Emergency Room</b>	\$100 per visit
waived if admitted within 24 hours	
<b>Urgent Care</b>	\$50 per visit <sup>3</sup>
<b>Ambulance</b>	\$100 per trip

Benefits	Enrollee Cost
<b>Outpatient Mental Health</b>	
Individual, unlimited	\$20 per visit
Group, unlimited	\$20 per visit
<b>Inpatient Mental Health</b>	No copayment
unlimited	
<b>Outpatient Drug/Alcohol Rehab</b>	\$20 per visit
unlimited	
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment
unlimited	
<b>Durable Medical Equipment</b>	50% coinsurance
<b>Prosthetics</b>	No copayment
<b>Orthotics<sup>4</sup></b>	No copayment
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 45 days	No copayment
Outpatient, max 20 visits combined per year	\$20 per visit
<b>Diabetic Supplies</b>	
Retail, 30-day supply	\$20 per item
Mail Order	Not available
<b>Insulin and Oral Agents</b>	\$20 per item
or applicable pharmacy rider, whichever is less	
<b>Diabetic Shoes</b>	No copayment
one pair per year, when medically necessary	
<b>Hospice, unlimited</b>	No copayment
<b>Skilled Nursing Facility</b>	No copayment
max 45 days	
<b>Prescription Drugs<sup>5</sup></b>	
Retail, 30-day supply	\$5 Tier 1/\$25 Tier 2/\$60 Tier 3
Mail Order, 90-day supply	Two and a half copayments for maintenance drugs

<sup>1</sup> Office based: \$20 copayment; hospital based: \$40 copayment

<sup>2</sup> Copayment applies only for select Tier 3 oral contraceptive drugs and devices.

<sup>3</sup> Within the service area. Outside the service area - \$20 copayment plus the difference in cost between Independent Health's payment and the provider's charges, if any. \$50 per visit to a participating After Hours Care Facility.

<sup>4</sup> Excludes shoe inserts.

<sup>5</sup> Coverage includes injectable and self-injectable medications, fertility drugs and enteral formulas.

## Specialty Drugs

Benefits are provided for specialty drugs by two contracted specialty pharmacy vendors, Reliance Rx Pharmacy and Walgreens Specialty Pharmacy. Specialty drugs, available through the prescription drug benefit, include select high-cost injectables and oral agents such as oral oncology drugs. Specialty drugs require prior approval and are subject to the applicable Rx copayment based on the formulary status of the medication. Members pay one copayment for each 30-day supply.

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## Additional Benefits

- Dental**, preventive only ..... \$50 per cleaning and 20% discount on additional services at select providers
- Vision**, routine only ..... \$10 per visit once every 12 months
- Hearing Aids** ..... Discounts available at select locations
- Out of Area** ..... While traveling outside the service area, members are covered for emergency and urgent care situations only.
- Home Health Care**, max 40 visits .... \$20 per visit
- Eyeglasses** ..... \$50 for single vision lenses; frames 40% off retail price
- Urgent Care in Service Area for After Hours Care** ..... \$50 per visit
- Wellness Services** ..... \$250 allowance for use at a participating facility

## Plan Highlights for 2013

Independent Health has led the way in providing Western New York with innovative solutions that set the standard for quality and service for health plans. We've consistently earned top ratings from NCQA, which is why you can feel comfortable and confident choosing us for your health coverage needs.

## Participating Physicians

Independent Health is affiliated with over 4,000 physicians and health care providers throughout the eight counties of Western New York.

## Affiliated Hospitals

Independent Health members are covered at all Western New York hospitals to which their physicians have admitting privileges. Members may be directed to other hospitals when medically necessary.

## Pharmacies and Prescriptions

All retail pharmacies in Western New York participate. Members may obtain prescriptions out of the service area by using our National Pharmacy Network, which includes 58,000 pharmacies nationwide. Independent Health offers an **incented formulary**. Tier 1 includes most generic drugs, Tier 2 includes most preferred brand-name drugs and Tier 3 includes non-preferred brand-name drugs.

## Medicare Coverage

Medicare-primary NYSHIP retirees must enroll in Medicare Encompass, a **Medicare Advantage Plan**. Copayments differ from the copayments of a NYSHIP-primary enrollee. Call for detailed information.

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## NYSHIP Code Number 059

An IPA HMO serving individuals living or working in the following counties in New York: Allegany, Cattaraugus, Chautauqua, Erie, Genesee, Niagara, Orleans, and Wyoming

## Independent Health

511 Farber Lakes Drive  
Buffalo, NY 14221

## For information:

**Customer Service:** 1-800-501-3439

**TTY:** 716-631-3108

**Web site:** [www.independenthealth.com](http://www.independenthealth.com)



Benefits	Enrollee Cost
<b>Office Visits</b>	\$25 per visit (\$10 for children) <sup>1</sup>
Annual Adult Routine Physicals	No copayment
Well Child Care	No copayment
<b>Specialty Office Visits</b>	\$40 per visit
<b>Diagnostic/Therapeutic Services</b>	
Radiology	\$25 per visit
Lab Tests	No copayment
Pathology	No copayment
EKG/EEG	\$25 per visit
Radiation	\$40 per visit
Chemotherapy	\$40 per visit
<b>Women's Health Care/OB GYN</b>	
Pap Tests	No copayment
Mammograms	No copayment
Prenatal Visits	\$25 for initial visit only
Postnatal Visits	No copayment
Bone Density Tests	No copayment
<b>Family Planning Services</b>	\$25 PCP/\$40 Specialist per visit
<b>Infertility Services</b>	\$25 PCP/\$40 Specialist per visit
<b>Contraceptive Drugs</b>	No copayment <sup>2</sup>
<b>Contraceptive Devices<sup>3</sup></b>	No copayment <sup>2</sup>
<b>Inpatient Hospital Surgery</b>	No copayment
<b>Outpatient Surgery</b>	
Hospital	\$40 per visit
Physician's Office	\$25 PCP/\$40 Specialist per visit
Outpatient Surgery Facility	\$40 per visit
<b>Emergency Room</b>	\$75 per visit
waived if admitted	
<b>Urgent Care</b>	\$25 per visit
<b>Ambulance</b>	\$50 per trip

Benefits	Enrollee Cost
<b>Outpatient Mental Health</b>	
Individual, unlimited	\$40 per visit
Group, unlimited	\$40 per visit
<b>Inpatient Mental Health</b>	No copayment
unlimited	
<b>Outpatient Drug/Alcohol Rehab</b>	\$25 per visit
unlimited	
<b>Inpatient Drug/Alcohol Rehab</b>	No copayment
unlimited	
<b>Durable Medical Equipment</b>	50% coinsurance
<b>Prosthetics</b>	50% coinsurance
<b>Orthotics</b>	50% coinsurance
<b>Rehabilitative Care, Physical, Speech and Occupational Therapy</b>	
Inpatient, max 2 months	No copayment
per condition	
Outpatient, max 30 visits combined	\$40 per visit
<b>Diabetic Supplies</b>	\$25 copayment
per boxed item for a 31-day supply	
<b>Insulin and Oral Agents</b>	\$25 copayment
per boxed item for a 31-day supply	
<b>Diabetic Shoes</b>	50% coinsurance
unlimited pairs, when medically necessary	
<b>Hospice, max 210 days</b>	No copayment
<b>Skilled Nursing Facility</b>	No copayment
max 45 days	
<b>Prescription Drugs</b>	
Retail, 30-day supply	
	\$10 Tier 1/\$30 Tier 2/\$50 Tier 3
Mail Order, 90-day supply	
	\$25 Tier 1/\$75 Tier 2/\$125 Tier 3
If a member requests a brand-name drug to the prescribed generic drug, he/she pays the difference between the cost of the generic and the	

<sup>1</sup> PCP Sick Visits for Children (newborn up to age 26) \$10 per visit.

<sup>2</sup> Brand-name contraceptives with generic equivalents require member payment of the difference in cost between the generic and brand-name drugs plus the Tier 1 copayment.

<sup>3</sup> Over-the-counter contraceptives are not covered.

## Prescription Drugs, *continued*

brand-name plus the Tier 1 copayment. Coverage includes fertility, injectable and self-injectable medications and enteral formulas. Approved prescription generic contraceptive drugs and devices and those without a generic equivalent are covered at 100% under retail and mail order.

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## Specialty Drugs

MVP uses CuraScript, a specialty pharmacy services company. Specific copayments are listed above. Refer to [www.curascript.com](http://www.curascript.com) for additional information.

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## Additional Benefits

**Dental**, preventive only ..... \$25 per visit, children to age 19  
**Vision**, routine only ..... \$25 per exam/24 months  
**Hearing Aids** ..... Not covered  
**Out of Area** ..... While traveling outside the service area, coverage is provided for emergency situations only.

## Plan Highlights for 2013

Each MVP subscriber receives \$100 HealthDollars to spend on health, wellness and fitness programs! No referrals required! As an MVP member, you can enjoy significant savings on a wide variety of health-related items, plus special discounts on LASIK eye surgery, eyewear, alternative medicine and health and fitness center memberships! Visit [www.mvphealthcare.com](http://www.mvphealthcare.com) to learn more.

## Participating Physicians

MVP Health Care provides services through more than 27,500 participating physicians and health practitioners located throughout its service area.

## Affiliated Hospitals

MVP members are covered at participating area hospitals to which their MVP physician has admitting privileges. MVP members may be directed to other hospitals to meet special needs when medically necessary upon prior approval from MVP.

## Pharmacies and Prescriptions

Virtually all pharmacy “chain” stores and many independent pharmacies within the MVP service area participate with MVP. Also, MVP offers convenient mail order service for select maintenance drugs. MVP offers an **incented formulary**.

## Medicare Coverage

Medicare-primary NYSHIP enrollees must enroll in the MVP Gold Plan, our **Medicare Advantage Plan**. Some of the MVP Gold Plan’s copayments may vary from the MVP HMO Plan’s copayments. The MVP HMO plan **coordinates coverage** with Medicare in the North Region (360). Contact Member Services for further details.

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### NYSHIP Code Number 058

An IPA HMO serving individuals living or working in the following counties in New York: Genesee, Livingston, Monroe, Ontario, Orleans, Seneca, Steuben, Wayne, Wyoming, and Yates

### NYSHIP Code Number 060

An IPA HMO serving individuals living or working in the following counties in New York: Albany, Columbia, Fulton, Greene, Hamilton, Montgomery, Rensselaer, Saratoga, Schenectady, Schoharie, Warren, and Washington

### NYSHIP Code Number 330

An IPA HMO serving individuals living or working in the following counties in New York: Broome, Cayuga, Chenango, Cortland, Delaware, Herkimer, Jefferson, Lewis, Madison, Oneida, Onondaga, Oswego, Otsego, Tioga, and Tompkins

### NYSHIP Code Number 340

An IPA HMO serving individuals living or working in the following counties in New York: Dutchess, Orange, Putnam, Rockland, Sullivan, and Ulster

### NYSHIP Code Number 360

An IPA HMO serving individuals living or working in the following counties in New York: Franklin, and St. Lawrence

## MVP Health Care

P.O. Box 2207  
625 State Street  
Schenectady, NY 12301-2207

## For information:

**Customer Service:** 1-888-MVP-MBRS (687-6277)

**TTY:** 1-800-662-1220

**Web site:** [www.mvphealthcare.com](http://www.mvphealthcare.com)

# NYSHIP ONLINE

NYSHIP Online is designed to provide you with targeted information about your NYSHIP benefits. Visit the New York State Department of Civil Service web site at <https://www.cs.ny.gov> and click on Benefit Programs, then NYSHIP Online. Select your group if prompted. If the group at the top of the NYSHIP Online homepage is not your employee group, be sure to choose Change Your Group.

If you do not have access to the internet, your local library may offer computers for your use.

Ask your agency HBA for a copy of the NYSHIP Online flyer that provides helpful navigation information.

The screenshot shows the NYSHIP Online website interface. At the top, there are navigation tabs for "Job Seekers", "Employees", "Retirees", and "HR Professionals". Below these are links for "Your Group • Your Plan", "Change Your Group", and "Search", along with "Text Version / Text Adjust". The main header features the "nyshiponline" logo, identifying it as the "Employee Benefits Division" of the "Department of Civil Service". A large photograph of a man and a woman looking at a computer monitor is positioned to the right of the logo. On the left side, a vertical menu lists several options: "Current Topics", "Health Benefits & Option Transfer", "Other Benefits", "Using Your Benefits", "Planning to Retire?", "Find a Provider", "Calendar", "What's New?", and "MyNYSHIP - Employee Self-Service". At the bottom of the page, there is a footer with links for "Civil Service Home", "Site Map", "HIPAA Privacy Information", "Notices", "About Us", "Awards", "Tech Help", and "Copyright/Disclaimer". A second row of links includes "Contact Us", "Language Access Information", "FAQ", "Privacy Policy", "Using This Site", "Site Map", and "EOP". The copyright notice at the very bottom reads "Copyright © 2012 New York State Department of Civil Service." with sub-links for "Web Site Feedback", "Accessibility", and "Disclaimer".

Reminder: If you are an active employee of New York State and a registered user of MyNYSHIP, you may change your option online during the Option Transfer Period. See your agency HBA if you have questions.

## How to find answers to your benefit questions and gain access to additional important information

- If you are an active employee, contact your agency Health Benefits Administrator (HBA), usually located in your agency's Personnel Office.
- If you have questions regarding health insurance claims for The Empire Plan, call 1-877-7-NYSHIP (1-877-769-7447) toll free and choose the appropriate program on the main menu. HMO enrollees should contact their HMO directly.
- A comprehensive list of contact information for HBAs, HMOs, government agencies, Medicare and other important resources is available on NYSHIP Online in the Using Your Benefits section.

Job Seekers | Employees | Retirees | HR Professionals

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# nyshiponline

Current Topics | Health Benefits | Other Benefits | Using Your Benefits | Planning to Retire? | Find a Provider | Search | Calendar | What's New?

Your Group • Your Plan | Change Your Group | Text Version | Text Adjust | Self-Service Login (MyNYSHIP)

## Using Your Benefits

[Empire Plan Copayments](#)

[Telephone Numbers](#) - General contact information for health and other benefits, benefit funds, and State and U.S. government.

[Publications](#) - A library of recent publications related to your benefits.

[Empire Plan Providers, Pharmacies and Services](#)

[Forms](#) - Empire Plan Claims Forms and Non-Participating Provider Claims Forms and Administrative Forms.

[Empire Plan Drug List - Alphabetical Order](#) | [PDF Version](#)

[Empire Plan Drug List - Therapeutic Class Order](#) | [PDF Version](#)

[Changes to Drug Lists and Notifications of Safety Issues](#)

[At A Glance](#) - Easy to access benefits summary that can answer most of your general questions.

[Archived Publications](#)

[Health Benefits Administrators](#)

[Young Adult Option Coverage](#)

[Format Options for Forms and Publications](#)

[Military Leave Benefit Extension for Employees of the State of New York](#)

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# NOTES

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# NOTES

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### New Plan Comparison Information

The *Summary of Benefits and Coverage* is a simple and standardized comparison document required by the Patient Protection and Affordable Care Act. To view a copy of the *Summary of Benefits and Coverage* for each NYSHIP plan, visit <https://www.cs.ny.gov/sbc/index.cfm>. If you do not have internet access, call 1-877-7-NYSHIP (1-877-769-7447) and press 1 for the Medical Program to request a copy.

It is the policy of the New York State Department of Civil Service to provide reasonable accommodation to ensure effective communication of information in benefits publications to individuals with disabilities. These publications are also available on the Department of Civil Service web site (<https://www.cs.ny.gov>). Click on Benefit Programs then NYSHIP Online for timely information that meets universal accessibility standards adopted by New York State for NYS Agency web sites. If you need an auxiliary aid or service to make benefits information available to you, please contact your agency Health Benefits Administrator. COBRA and Young Adult Option Enrollees, contact the Employee Benefits Division.

 Choices was printed using recycled paper and environmentally sensitive inks.

Choices 2013/Actives Unsettled



NY0986



The New York State Department of Civil Service, which administers NYSHIP, produced this booklet in cooperation with NYSHIP carriers and Joint Labor/Management Committees on Health Benefits.

Care has been taken to ensure the accuracy of the material contained in this booklet. However, the HMO contracts and the certificate of insurance from The Empire Plan carriers with amendments are the controlling documents for benefits available under NYSHIP.