



NY HELPS – State Update Through January 2026*

Through January 31, 2026, the cumulative total number of appointments made through NY HELPS is 38,362. See table below with a breakdown of appointments made at each agency, as well as a table including the top 10 titles filled through the program.

| State Appointments | Appointments Effective January 2026 | | Cumulative Appointments as of January 31, 2026 | | |
|---------------------------|--|----------|---|----------|----------|
| | Agency | # | % | # | % |
| ABO | | 0 | 0.0% | 4 | 0 |
| AG | | 7 | 0.9% | 271 | 0 |
| AGM | | 7 | 0.9% | 181 | 0 |
| APA | | 1 | 0.1% | 10 | 0 |
| CS | | 2 | 0.2% | 149 | 0 |
| DCJS | | 5 | 0.6% | 94 | 0 |
| DEC | | 13 | 1.6% | 621 | 0 |
| DFS | | 1 | 0.1% | 322 | 0 |
| DHR | | 3 | 0.4% | 167 | 0 |
| DHSES | | 7 | 0.9% | 184 | 0 |
| DMV | | 37 | 4.6% | 876 | 0 |
| DOB | | 2 | 0.2% | 91 | 0 |
| DOCCS | | 53 | 6.5% | 2,809 | 0 |
| DOH | | 20 | 2.5% | 1,512 | 0 |
| DOS | | 6 | 0.7% | 353 | 0 |
| DOT | | 41 | 5.1% | 1,641 | 0 |
| DTF | | 47 | 5.8% | 1,195 | 0 |
| DVS | | 2 | 0.2% | 36 | 0 |
| ESD | | 0 | 0.0% | 14 | 0 |
| HCR | | 9 | 1.1% | 241 | 0 |
| HESC | | 0 | 0.0% | 22 | 0 |
| ITS | | 37 | 4.6% | 565 | 0 |
| Labor | | 11 | 1.4% | 935 | 0 |
| LPGC | | 0 | 0.0% | 1 | 0 |
| NYSBA | | 0 | 0.0% | 1 | 0 |
| NYSBOE | | 0 | 0.0% | 1 | 0 |
| NYSCC | | 0 | 0.0% | 83 | 0 |
| NYSED | | 23 | 2.8% | 839 | 0 |
| NYSGC | | 1 | 0.1% | 38 | 0 |
| NYSIF | | 18 | 2.2% | 506 | 0 |
| NYSJC | | 0 | 0.0% | 24 | 0 |
| NYSTA | | 6 | 0.7% | 209 | 0 |
| NYSTRS | | 0 | 0.0% | 93 | 0 |
| OASAS | | 6 | 0.7% | 238 | 0 |

| | | | | |
|--------------------|------------|-------------|---------------|-------------|
| OCFS | 9 | 1.1% | 1,044 | 0 |
| OCM | 4 | 0.5% | 124 | 0 |
| OFA | 0 | 0.0% | 29 | 0 |
| OGS | 5 | 0.6% | 489 | 0 |
| OMH | 108 | 13.3% | 6,492 | 0 |
| OMIG | 2 | 0.2% | 114 | 0 |
| OPDV | 1 | 0.1% | 4 | 0 |
| OPRHP | 9 | 1.1% | 301 | 0 |
| OPWDD | 162 | 20.0% | 9,380 | 0 |
| OSC | 29 | 3.6% | 784 | 0 |
| OTDA | 16 | 2.0% | 536 | 0 |
| OVS | 2 | 0.2% | 44 | 0 |
| PERB | 0 | 0.0% | 4 | 0 |
| PSC | 2 | 0.2% | 106 | 0 |
| SCOC | 0 | 0.0% | 16 | 0 |
| SFS | 0 | 0.0% | 12 | 0 |
| SLA | 1 | 0.1% | 76 | 0 |
| SUNY | 89 | 11% | 4,353 | 0 |
| WCB | 6 | 1% | 128 | 0 |
| Grand Total | 810 | 100% | 38,362 | 100% |

| | Appointments Effective January 2026 | | Cumulative Appointments as of January 31, 2026 | |
|---|---|-------|--|-------|
| | # | % | # | % |
| Top 10 Titles in Cumulative Appointments | | | | |
| Mental Health Therapy Aide | 126 | 15.6% | 7,417 | 19.3% |
| Registered Nurse 1 Teaching & Research Center | 22 | 2.7% | 1,887 | 4.9% |
| Mental Health Therapy Aide | 31 | 3.8% | 1,740 | 4.5% |
| Office Assnt 1 | 26 | 3.2% | 1,068 | 2.8% |
| Registered Nurse 1 Psychiatric | 18 | 2.2% | 1,012 | 2.6% |
| Admnv Assistant 1 | 15 | 1.9% | 971 | 2.5% |
| Registered Nurse 1 | 14 | 1.7% | 851 | 2.2% |
| Office Assnt 2 | 22 | 2.7% | 743 | 1.9% |
| Office Assnt 1 Keyboarding | 16 | 2.0% | 740 | 1.9% |
| Licensed Clinical Social Worker | 5 | 0.6% | 598 | 1.6% |

*Appointments do not distinguish between new employees and existing employees that transferred into a NYHELPs position.

NOTE: Cumulative appointments are adjusted for backdated transactions.

NY HELPS – Local Program Update Through January 2026

Through January 31, 2026, the cumulative total number of appointments made through the local program is 14,295. See table below with a breakdown of appointments made at each agency, as well as a table including the top 10 titles filled through the program. The Department continues to receive requests for additional titles.

| Agency | Appointments During January 2026 | | | Cumulative Appointments as of January 2026 | |
|--------------------|----------------------------------|-----------|---------|--|--------|
| | # | % of 1/26 | % Total | # | % |
| ALBANY, CITY OF | 3 | 0.38% | 0.02% | 212 | 1.49% |
| ALBANY COUNTY | 71 | 8.99% | 0.50% | 1495 | 10.51% |
| ALLEGANY COUNTY | 2 | 0.25% | 0.01% | 75 | 0.53% |
| BROOME COUNTY | 0 | 0.00% | 0.00% | 408 | 2.87% |
| CATTARAUGUS COUNTY | 17 | 2.15% | 0.12% | 132 | 0.93% |
| CHEMUNG/ELMIRA | 17 | 2.15% | 0.12% | 108 | 0.76% |
| CAYUGA COUNTY | 3 | 0.38% | 0.02% | 35 | 0.25% |
| CHENANGO COUNTY | 0 | 0.00% | 0.00% | 203 | 1.43% |
| CLINTON COUNTY | 8 | 1.01% | 0.06% | 285 | 2.00% |
| COHOES, CITY OF | 0 | 0.00% | 0.00% | 17 | 0.12% |
| COLONIE, TOWN OF | 0 | 0.00% | 0.00% | 19 | 0.13% |
| COLUMBIA COUNTY | 8 | 1.01% | 0.06% | 133 | 0.93% |
| CORTLAND COUNTY | 9 | 1.14% | 0.06% | 190 | 1.34% |
| DUTCHESS COUNTY | 4 | 0.51% | 0.03% | 143 | 1.01% |
| ERIE COUNTY | 89 | 11.27% | 0.63% | 894 | 6.28% |
| ESSEX COUNTY | 0 | 0.00% | 0.00% | 23 | 0.16% |
| FRANKLIN COUNTY | 2 | 0.25% | 0.01% | 79 | 0.56% |
| FULTON, COUNTY OF | 6 | 0.76% | 0.04% | 49 | 0.34% |
| GENESEE COUNTY | 15 | 1.90% | 0.11% | 253 | 1.78% |
| GREENE COUNTY | 3 | 0.38% | 0.02% | 195 | 1.37% |
| HAMILTON COUNTY | 1 | 0.13% | 0.01% | 22 | 0.15% |
| HEMPSTEAD, TOWN OF | 0 | 0.00% | 0.00% | 5 | 0.04% |
| HERKIMER COUNTY | 5 | 0.63% | 0.04% | 251 | 1.76% |

| | | | | | |
|----------------------|-----|--------|-------|-----|-------|
| ITHACA, CITY OF | 4 | 0.51% | 0.03% | 54 | 0.38% |
| JEFFERSON COUNTY | 0 | 0.00% | 0.00% | 0 | 0.00% |
| KINGSTON, CITY OF | 2 | 0.25% | 0.01% | 35 | 0.25% |
| LIVINGSTON COUNTY | 12 | 1.52% | 0.08% | 51 | 0.36% |
| LOCKPORT, CITY OF | 0 | 0.00% | 0.00% | 0 | 0.00% |
| MADISON COUNTY | 6 | 0.76% | 0.04% | 208 | 1.46% |
| MIDDLETOWN, CITY OF | 0 | 0.00% | 0.00% | 16 | 0.00% |
| MONROE COUNTY | 58 | 7.34% | 0.41% | 961 | 6.76% |
| MONTGOMERY COUNTY | 0 | 0.00% | 0.00% | 97 | 0.68% |
| NASSAU COUNTY | 14 | 1.77% | 0.10% | 115 | 0.81% |
| NIAGARA COUNTY | 9 | 1.13% | 0.06% | 410 | 2.88% |
| NORWICH, CITY OF | 9 | 1.05% | 0.06% | 30 | 0.21% |
| ONEIDA COUNTY | 5 | 0.58% | 0.03% | 651 | 4.55% |
| ONEONTA CITY | 17 | 1.98% | 0.12% | 44 | 0.31% |
| ONONDAGA COUNTY | 0 | 0.00% | 0.00% | 818 | 5.72% |
| ONTARIO COUNTY | 17 | 1.98% | 0.12% | 356 | 2.49% |
| ORANGE COUNTY | 15 | 1.75% | 0.10% | 256 | 1.79% |
| ORLEANS COUNTY | 2 | 0.23% | 0.01% | 67 | 0.47% |
| OSWEGO COUNTY | 29 | 3.38% | 0.20% | 605 | 4.23% |
| OTSEGO COUNTY | 2 | 0.23% | 0.01% | 34 | 0.24% |
| PORT JERVIS, CITY OF | 0 | 0.00% | 0.00% | 1 | 0.01% |
| PUTNAM COUNTY | 8 | 0.93% | 0.06% | 26 | 0.24% |
| RENSSELAER COUNTY | 10 | 1.16% | 0.07% | 134 | 0.94% |
| ROCHESTER CITY | 192 | 22.35% | 1.34% | 285 | 1.99% |
| ROCKLAND COUNTY | 8 | 0.93% | 0.06% | 291 | 2.04% |
| SARATOGA COUNTY | 13 | 1.51% | 0.09% | 308 | 2.15% |
| SCHENECTADY COUNTY | 26 | 3.03% | 0.18% | 557 | 3.90% |
| SCHOHARIE COUNTY | 1 | 0.12% | 0.01% | 149 | 1.04% |

| | | | | | |
|----------------------|------------|-------|--------------|---------------|-------|
| SENECA COUNTY | 2 | 0.23% | 0.01% | 54 | 0.38% |
| ST. LAWRENCE COUNTY | 9 | 1.05% | 0.06% | 179 | 1.25% |
| STEUBEN COUNTY | 5 | 0.58% | 0.03% | 98 | 0.69% |
| SUFFOLK COUNTY | 24 | 2.79% | 0.17% | 593 | 4.15% |
| SULLIVAN COUNTY | 18 | 2.10% | 0.13% | 127 | 0.89% |
| TIOGA COUNTY | 3 | 0.35% | 0.02% | 133 | 0.93% |
| TOMPKINS COUNTY | 32 | 3.73% | 0.22% | 226 | 1.58% |
| TONAWANDA | 0 | 0.00% | 0.00% | 3 | 0.02% |
| TROY, CITY OF | 1 | 0.12% | 0.01% | 10 | 0.07% |
| ULSTER COUNTY | 2 | 0.23% | 2.14% | 306 | 0.01% |
| UTICA, CITY OF | 0 | 0.00% | 0.00% | 26 | 0.18% |
| WARREN COUNTY | 0 | 0.00% | 0.00% | 79 | 0.55% |
| WASHINGTON COUNTY | 0 | 0.00% | 0.00% | 70 | 0.49% |
| WATERVELIET, CITY OF | 1 | 0.12% | 0.01% | 7 | 0.05% |
| WAYNE COUNTY | 36 | 4.19% | 0.25% | 263 | 1.84% |
| WESTCHESTER COUNTY | 0 | 0.00% | 0.00% | 218 | 1.53% |
| WYOMING COUNTY | 4 | 0.47% | 0.03% | 89 | 0.62% |
| YATES COUNTY | 0 | 0.00% | 0.00% | 29 | 0.20% |
| Total | 859 | | 6.01% | 14,295 | |

| Top 10 Local Titles | Appointments During January 2026 | Cumulative Appointments as of January 31, 2026 | |
|---|----------------------------------|--|-------|
| | | # | % |
| Caseworkers (HELP Program) | Monroe County | 256 | 1.80% |
| Examiners (HELP Program) | Monroe County | 232 | 1.63% |
| Social Services Examiners I- HELP Program | Suffolk County | 209 | 1.46% |
| Caseworker Trainees- HELP Program | Suffolk County | 203 | 1.33% |
| Caseworkers (HELP Program) | Onondaga County | 134 | 0.94% |
| Caseworkers (HELP Program) | Albany County | 111 | 0.78% |
| Security Monitors (HELP Program) | Schenectady County | 111 | 0.78% |
| Social Welfare Examiners (HELP Program) | Erie County | 94 | 0.66% |
| Income Maintenance Workers (HELP Program) | Onondaga County | 94 | 0.66% |
| Caseworkers (HELP Program) | Erie County | 93 | 0.65% |