



NY HELPS – State Update Through January 2026*

Through January 31, 2026, the cumulative total number of appointments made through NY HELPS is 38,362. See table below with a breakdown of appointments made at each agency, as well as a table including the top 10 titles filled through the program.

State Appointments Agency	Appointments Effective January 2026		Cumulative Appointments as of January 31, 2026	
	#	%	#	%
ABO	0	0.0%	4	0
AG	7	0.9%	271	0
AGM	7	0.9%	181	0
APA	1	0.1%	10	0
CS	2	0.2%	149	0
DCJS	5	0.6%	94	0
DEC	13	1.6%	621	0
DFS	1	0.1%	322	0
DHR	3	0.4%	167	0
DHSES	7	0.9%	184	0
DMV	37	4.6%	876	0
DOB	2	0.2%	91	0
DOCCS	53	6.5%	2,809	0
DOH	20	2.5%	1,512	0
DOS	6	0.7%	353	0
DOT	41	5.1%	1,641	0
DTF	47	5.8%	1,195	0
DVS	2	0.2%	36	0
ESD	0	0.0%	14	0
HCR	9	1.1%	241	0
HESC	0	0.0%	22	0
ITS	37	4.6%	565	0
Labor	11	1.4%	935	0
LPGC	0	0.0%	1	0
NYSBA	0	0.0%	1	0
NYSBOE	0	0.0%	1	0
NYSCC	0	0.0%	83	0
NYSED	23	2.8%	839	0
NYSGC	1	0.1%	38	0
NYSIF	18	2.2%	506	0
NYSJC	0	0.0%	24	0
NYSTA	6	0.7%	209	0
NYSTRS	0	0.0%	93	0
OASAS	6	0.7%	238	0

OCFS	9	1.1%	1,044	0
OCM	4	0.5%	124	0
OFA	0	0.0%	29	0
OGS	5	0.6%	489	0
OMH	108	13.3%	6,492	0
OMIG	2	0.2%	114	0
OPDV	1	0.1%	4	0
OPRHP	9	1.1%	301	0
OPWDD	162	20.0%	9,380	0
OSC	29	3.6%	784	0
OTDA	16	2.0%	536	0
OVS	2	0.2%	44	0
PERB	0	0.0%	4	0
PSC	2	0.2%	106	0
SCOC	0	0.0%	16	0
SFS	0	0.0%	12	0
SLA	1	0.1%	76	0
SUNY	89	11%	4,353	0
WCB	6	1%	128	0
Grand Total	810	100%	38,362	100%

	Appointments Effective January 2026		Cumulative Appointments as of January 31, 2026	
Top 10 Titles in Cumulative Appointments	#	%	#	%
Mental Health Therapy Aide	126	15.6%	7,417	19.3%
Registered Nurse 1 Teaching & Research Center	22	2.7%	1,887	4.9%
Mental Health Therapy Aide	31	3.8%	1,740	4.5%
Office Assnt 1	26	3.2%	1,068	2.8%
Registered Nurse 1 Psychiatric	18	2.2%	1,012	2.6%
Admnv Assistant 1	15	1.9%	971	2.5%
Registered Nurse 1	14	1.7%	851	2.2%
Office Assnt 2	22	2.7%	743	1.9%
Office Assnt 1 Keyboarding	16	2.0%	740	1.9%
Licensed Clinical Social Worker	5	0.6%	598	1.6%

*Appointments do not distinguish between new employees and existing employees that transferred into a NYHELPS position.

NOTE: Cumulative appointments are adjusted for backdated transactions.

NY HELPS – Local Program Update Through January 2026

Through January 31, 2026, the cumulative total number of appointments made through the local program is 14,295. See table below with a breakdown of appointments made at each agency, as well as a table including the top 10 titles filled through the program. The Department continues to receive requests for additional titles.

Agency	Appointments During January 2026			Cumulative Appointments as of January 2026	
	#	% of 1/26	% Total	#	%
ALBANY, CITY OF	3	0.38%	0.02%	212	1.49%
ALBANY COUNTY	71	8.99%	0.50%	1495	10.51%
ALLEGANY COUNTY	2	0.25%	0.01%	75	0.53%
BROOME COUNTY	0	0.00%	0.00%	408	2.87%
CATTARAUGUS COUNTY	17	2.15%	0.12%	132	0.93%
CHEMUNG/ELMIRA	17	2.15%	0.12%	108	0.76%
CAYUGA COUNTY	3	0.38%	0.02%	35	0.25%
CHENANGO COUNTY	0	0.00%	0.00%	203	1.43%
CLINTON COUNTY	8	1.01%	0.06%	285	2.00%
COHOES, CITY OF	0	0.00%	0.00%	17	0.12%
COLONIE, TOWN OF	0	0.00%	0.00%	19	0.13%
COLUMBIA COUNTY	8	1.01%	0.06%	133	0.93%
CORTLAND COUNTY	9	1.14%	0.06%	190	1.34%
DUTCHESS COUNTY	4	0.51%	0.03%	143	1.01%
ERIE COUNTY	89	11.27%	0.63%	894	6.28%
ESSEX COUNTY	0	0.00%	0.00%	23	0.16%
FRANKLIN COUNTY	2	0.25%	0.01%	79	0.56%
FULTON, COUNTY OF	6	0.76%	0.04%	49	0.34%
GENESEE COUNTY	15	1.90%	0.11%	253	1.78%
GREENE COUNTY	3	0.38%	0.02%	195	1.37%
HAMILTON COUNTY	1	0.13%	0.01%	22	0.15%
HEMPSTEAD, TOWN OF	0	0.00%	0.00%	5	0.04%
HERKIMER COUNTY	5	0.63%	0.04%	251	1.76%

ITHACA, CITY OF	4	0.51%	0.03%	54	0.38%
JEFFERSON COUNTY	0	0.00%	0.00%	0	0.00%
KINGSTON, CITY OF	2	0.25%	0.01%	35	0.25%
LIVINGSTON COUNTY	12	1.52%	0.08%	51	0.36%
LOCKPORT, CITY OF	0	0.00%	0.00%	0	0.00%
MADISON COUNTY	6	0.76%	0.04%	208	1.46%
MIDDLETOWN, CITY OF	0	0.00%	0.00%	16	0.00%
MONROE COUNTY	58	7.34%	0.41%	961	6.76%
MONTGOMERY COUNTY	0	0.00%	0.00%	97	0.68%
NASSAU COUNTY	14	1.77%	0.10%	115	0.81%
NIAGARA COUNTY	9	1.13%	0.06%	410	2.88%
NORWICH, CITY OF	9	1.05%	0.06%	30	0.21%
ONEIDA COUNTY	5	0.58%	0.03%	651	4.55%
ONEONTA CITY	17	1.98%	0.12%	44	0.31%
ONONDAGA COUNTY	0	0.00%	0.00%	818	5.72%
ONTARIO COUNTY	17	1.98%	0.12%	356	2.49%
ORANGE COUNTY	15	1.75%	0.10%	256	1.79%
ORLEANS COUNTY	2	0.23%	0.01%	67	0.47%
OSWEGO COUNTY	29	3.38%	0.20%	605	4.23%
OTSEGO COUNTY	2	0.23%	0.01%	34	0.24%
PORT JERVIS, CITY OF	0	0.00%	0.00%	1	0.01%
PUTNAM COUNTY	8	0.93%	0.06%	26	0.24%
RENSSELAER COUNTY	10	1.16%	0.07%	134	0.94%
ROCHESTER CITY	192	22.35%	1.34%	285	1.99%
ROCKLAND COUNTY	8	0.93%	0.06%	291	2.04%
SARATOGA COUNTY	13	1.51%	0.09%	308	2.15%
SCHENECTADY COUNTY	26	3.03%	0.18%	557	3.90%
SCHOHARIE COUNTY	1	0.12%	0.01%	149	1.04%

SENECA COUNTY	2	0.23%	0.01%	54	0.38%
ST. LAWRENCE COUNTY	9	1.05%	0.06%	179	1.25%
STEUBEN COUNTY	5	0.58%	0.03%	98	0.69%
SUFFOLK COUNTY	24	2.79%	0.17%	593	4.15%
SULLIVAN COUNTY	18	2.10%	0.13%	127	0.89%
TIOGA COUNTY	3	0.35%	0.02%	133	0.93%
TOMPKINS COUNTY	32	3.73%	0.22%	226	1.58%
TONAWANDA	0	0.00%	0.00%	3	0.02%
TROY, CITY OF	1	0.12%	0.01%	10	0.07%
ULSTER COUNTY	2	0.23%	2.14%	306	0.01%
UTICA, CITY OF	0	0.00%	0.00%	26	0.18%
WARREN COUNTY	0	0.00%	0.00%	79	0.55%
WASHINGTON COUNTY	0	0.00%	0.00%	70	0.49%
WATERVELIET, CITY OF	1	0.12%	0.01%	7	0.05%
WAYNE COUNTY	36	4.19%	0.25%	263	1.84%
WESTCHESTER COUNTY	0	0.00%	0.00%	218	1.53%
WYOMING COUNTY	4	0.47%	0.03%	89	0.62%
YATES COUNTY	0	0.00%	0.00%	29	0.20%
Total	859		6.01%	14,295	

Top 10 Local Titles	Appointments During January 2026	Cumulative Appointments as of January 31, 2026	
		#	%
Caseworkers (HELP Program)	Monroe County	256	1.80%
Examiners (HELP Program)	Monroe County	232	1.63%
Social Services Examiners I- HELP Program	Suffolk County	209	1.46%
Caseworker Trainees- HELP Program	Suffolk County	203	1.33%
Caseworkers (HELP Program)	Onondaga County	134	0.94%
Caseworkers (HELP Program)	Albany County	111	0.78%
Security Monitors (HELP Program)	Schenectady County	111	0.78%
Social Welfare Examiners (HELP Program)	Erie County	94	0.66%
Income Maintenance Workers (HELP Program)	Onondaga County	94	0.66%
Caseworkers (HELP Program)	Erie County	93	0.65%